

**SEP '17
Aug '18**



ANNUAL PROGRESS REPORT 2018

**Ninth Annual General Meeting
25th August, 2018**

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ACTIVE CITIZENSHIP

Prarambha (Initiation)

Prarambha is a two-day non-residential program targeted towards the youth between the ages of 18-27. It is an effort towards a common platform for youth innovation and engagement. Participants undergo a series of steps whereby the ideas are explored, organized and implemented, concurrently empowering and motivating youths. Its primary aim is to provide a pivotal instigation standpoint whereby the participants can identify the way ahead.

During this time period, 2 Prarambha was conducted with a total of 33 participants enrolled in the workshop. Details of these sessions are as follows:

- **November 28-29, 2017:** Campion College, Kupondole
- **June 18-19, 2018:** YUWA, Maharajgunj



Pahichan (Identify)

Rural Youth targeted non-residential program primarily designed to produce the skilled, self-motivated and empowered chain of local leadership. This program is carried out in the rural areas of Nepal in coordination with the local youth clubs and local organizations. Pahichan follows the three basic principles of exploring the local leadership, empowering the local leaders and establishing social networks.

Pahichan: Youth Empowerment- Youth Leadership and Data project hopes to fill the gap between youth and their potential to be evidence-based decision-making leaders of Nepal by empowering them on concepts of youth, their rights, leadership and skills, and use of (open) data as evidence for decision-making. The objective of this project is to increase the knowledge of young people from 3 provinces (Province 1, Province 5 and Province 7) on basic concepts around youth leadership and data, to increase the skills of young people to use data for advocacy and project planning purposes and to develop a network of young leaders and youth data champions in the provinces. This project is supported by the Data for Development in Nepal Program which is being implemented by The Asia Foundation and the Development Initiatives, with a funding from DFID Nepal. The total participants were 126 participants from Province 1, Province 5 and Province 7.

- **July 12-14 2018:** Itahari Sub-Metropolitan City
- **July 16-18 2018:** Bhojpur Municipality
- **July 30-August 1 2018:** Butwal Sub-Metropolitan City
- **August 3-5 2018:** Nepalgunj Sub-Metropolitan City
- **August 7-9 2018:** Dhangadi Sub-Metropolitan City
- **August 11-13 2018:** Amargadi Municipality, Dadeldhura



PAHICHAN

Youth Empowerment - Youth leadership and Data

Youth Leadership and Data Project has created a network of 126 youth data leaders, capable of leading and supporting the development of their community through the use of data as evidence for youth-led and data-driven development.



Province 7:
Dhangadi and Dadeldhura

DHANGADI
♂ 12 ♀ 12
Male Female

DADELDHURA
♂ 13 ♀ 8
Male Female



Empowering Youth
Strengthening Involvement



Orientation on
Open Data



Evidence based
Development

Province 5:
Butwal and Nepalgunj

BUTWAL
♂ 11 ♀ 7
Male Female

NEPALGUNJ
♂ 9 ♀ 12
Male Female

Province 1:
Itahari and Bhojpur

ITAHARI
♂ 9 ♀ 11
Male Female

3 Provinces

6 Cities

126 Youth

12 Project Ideas

1 Youth Studies Book

SUPPORTED BY



The Asia Foundation



development initiatives

IN COORDINATION WITH



Pahichan: Youth Empowerment- Youth Leadership and Data project in figures

YUWA Manthan

YUWA Manthan is a discussion program whereby the youths gather with an expert to discuss in the issues affecting youths. The main aim is to provide platform for youths to speak their ideas and voices and to create a platform for their engagement.

I YUWA Manthan was conducted this year covering the issue of LGBTI. The details of the discussion are as follows:

- **February 4 2018:** YUWA Manthan with Esan Regmi was successfully conducted at Thames International College. Esan Regmi, an intersex man from Nepal is an LGBTI activist who advocates strongly and with limited resources for the human rights of intersex people in national, regional and international level. He shared his life story, his exemplary work and experience of intersex activism in different national, regional and international platforms followed by Q/A session between facilitator and participants. There were 25 participants attending the session.



Team Building, Leadership and Networking (TLN) Workshop

Team Building, Leadership and Networking Workshops (TLN) provide trainings to youth on leadership, creative thinking and networking. 1 TLN workshop was run through the year. The details of the workshop is:

- **February 10 2018:** TLN Workshop for Next Gen Youth Fellows at National College, Dhumbarahi. 25 fellows were trained from the workshop.



YUWA Awashar

Youths have ideas and team but lack platform to utilize it. YUWA Awashar is a platform for youths whereby YUWA represents the youth's ideas and assists and supports their idea through logistics and legal representative. 40 participants participated in this program. The following is the program conducted under this program:

- **September 2 2017:** Workshop on Personal Development and Teamwork for Children of the Children Protection Home (CPH), Siphai



Project Identification and Management of Open Spaces (IMOS)

Project Identification and Management of Open Spaces (IMOS) is the project of International organization for migration in collaboration with YUWA and with the support of US AID/OFDA and Nepal Government aims to inform people about open spaces in Kathmandu Valley. These open spaces are informed to people to make them aware that these open spaces can be used as temporary camp settlement in times of disasters such as earthquake.

IMOS consists of two components: the training and the event. The training orients the youths about open spaces and prepares them about the disaster preparedness and response. The fun, informative and interactive sessions in the training creates a strong bond within the team. The sessions such as terminologies regarding disaster, Disaster Risk Management and (DRM) and Community Based Disaster Risk Management (CBDRM) introduce them to the basic learning to preparedness to possible disaster. The session open space/disaster preparedness and response aligned with the session relays an understanding of communities to create a bond and appreciation in their open spaces.

The training is followed by an awareness event in their wards with the utilization and involvement of the locals in the event. The events comprised of football tournament, rallies, and musical show to gather audience and interactive moments with the passerby audience. Following are the awareness events carried out:

Awareness

- **September 22nd 2017:** Awareness Event at Bhelukhel Adarsha Azad H.S.S and Taumadi, Bhaktapur with approximate 500 audiences

- **November 30 2017:** Awareness event at Ward 9 at Dattatra with approximate 500 audiences
- **December 26 2017:** Awareness event at Ward 3 at Kamalpokhari with approximate 200 audiences



Other programs under Active Citizenship

Human Rights Day

- **December 9 2017:** On the occasion of the 69th International Human Rights Day, the 9th Human Rights Magna Meet, an assembly was held at Nepal Sanskritik Sangh, Dillibazar, Kathmandu to mark the Human Rights day celebrated all over the world. YUWA alongside National Human Rights Commission and the Human Rights Magna Meet worked in a collaborative approach to carry out this event. Altogether there were 15 volunteers from YUWA including the program coordinator Mr. Sulab Baral. The program was inaugurated by Honourable President Bidhya Devi Bhandari. YUWA successfully performed a flash mob and a short drama portraying Gender based violence and promoting awareness as a part of 16 days activism.

Disaster Preparedness and Response

- **December 15 2017:** Under the Active Citizenship department, an orientation on Disaster Preparedness and Response was conducted in YUWA's hall. There were total of 13 participants comprising of various academic background such as environment, science and development studies. The participants were also informed about community's role and capacity for the Management of Open Spaces. The main highlight of the orientation was about Camp Coordination and Camp Management (CCCM). The participants had to actually design a camp template following the international standard and requirement.

Balbalika Ka Lagi YUWA

- **January 13 2018:** YUWA organized a charitable event 'Balbalika Ka Lagi YUWA' on 13 January at Sports Hive, Jhamsikhel. The program was organized by YUWA's Active Citizenship Department in order to raise funds and donate warm clothes to children of Kutidada Madhyamik School of Dolakha district. The event included series of programs on face painting, photo booth, dance performances and live musical performances by renowned singers. Neetesh Jung Kunwar, Sandhya Joshi, Step On band, DJ ATR were among the performers in the event. Supported by Thames International College Kathmandu, Nepal Mega College, Career Wings Pvt. Ltd, Outdoor Adventure Center Nepal, WAVE Magazine Nepal, Edwise Studies, Landmark Education and Riviera International Academy, this event welcomed officials from different INGOs, NGOs, government organizations, eminent colleges of the country and international organization working on such domain. With 700 tickets sold out, there were approximately 400 audiences present in the event with a total collection of Rs 257, 490.
- **January 26 2018:** The organizers of this initiative alongside the general member of YUWA Saurya Dhungel went to Makaibari, Dolakha District to distribute 245 warm sweaters for the needy children in Kutidada School. YUWA went further to conduct yet another program at the school premise with the presence of around 700 people inclusive of parents, teachers, students, local ward president, and other government stakeholders. During the program Mr. Saurya Dhungel spoke about YUWA and its workings while Nhujala Maharjan spoke about the journey of Balbalika Ka Lagi YUWA event.



Traffic Jam Free Campaign

- **January 29 2018:** In order to pressurize the government to address the traffic jam prevailing in Nepal, "Traffic Jam Free Campaign", a loose network of youth organizations including YUWA, Youth Advocacy Nepal (YAN), AYON, Youth Initiative, JCYCN, Female Youth Nepal, National Youth Federation Nepal (NYFN), United Youth for World Peace, JCYCN, National Disabled Youth Network (NDYN), SADED, Global Peace Foundation, Youth Parliament Nepal and YSP Nepal organized an hour "Public Demonstration" at Maitighar Mandala from 2-4 PM. Dharma Raj Ghimire, General Secretary at YUWA along with 10 interns and volunteers from YUWA had their presence in demonstration with pamphlet and slogans.

International Women's Day

- **March 8 2018:** YUWA in collaboration with various youth civil society organizations conducted Men's March on March 8 on the occasion of International Women's day 2018. More than 150 male counterparts came together in the street giving solidarity to the march with support to progress taking process for women rights. The march started from Maitighar Mandala through Sahid Gate and Tudhikhel ending at Ratnapark with an informal remarks giving program. The former Chief Judge of Supreme Court Mr. Kalyan Shrestha participated in the march and put his remarks.
- **March 8 2018:** YUWA supported Nepal Public Health Student's Society of Institute of Medicine to organize a program followed by various activities at Maharajgunj Medical College, Kathmandu on the occasion of International Women's Day 2018. Storytelling,

poetry recitation, dance, drama, speech and experience sharing and remarks from women activist and transgender activists from various organizations were the main attractions of the program. "Until and unless women are economically empowered, the graph of equality cannot grow with progress," said Mr. Dharma Raj Ghimire, General Secretary at YUWA during his remarks as a special guest on the program. Winners of the story telling and poem competition were awarded and special thanks was given to YUWA from the organizing team for support to make the program successful.

- **March 8 2018:** Nepal Social Forum organized a three day program with collaboration from various civil society organizations with the slogan 'Another Nepal is possible.' YUWA was also one of the organizing partner for the forum and over 1,500 participants from Nepal, India, Kenya and Finland took part in the program. The participants discussed issues of development, prosperity and inclusion under 53 themes during the program. Professors Chaitanya Mishra and Krishna Khanal, and Indian socialist leader Vijay Pratap spoke on the possibility and challenges of socialism in South Asia. Similarly, professor Lok Raj Baral, politician Prakash Sharan Mahat and Sarita Giri lectured on the theme 'Prosperity, Development and Stability.' Other speakers included Ujjwal Prasai, Supriya Manandhar, Yug Pathak, Indra Adhikari, Professor Dev Kumari Gurung, Binay Kushiyat, Pramod Dhakal and Keshav Khadka.

YUWA ko Ek Din

- **May 2018:** Interns of YUWA initiated a program called YUWA Ko Ek Din (युवाको एक दिन) for the month of May. For the four weeks, the team visited the Bidhyodaya Primary School (a community school) in Basantapur wherein YUWA conducted activities such as art class, quiz and drawing competition, session on handling dictionary alongside orientation on essay writing and formal letters to 40 students. Inclusive of these, the students were also informed about personal hygiene with infotainment – recreational activities. After the four weeks long program, YUWA conducted a competition under the above-mentioned activities wherein the winners were awarded with exciting prizes. With this program, YUWA aims to empower community school students and to provide them a platform to showcase their talents and ultimately upgrade them to the next level.

Feminist Film Screening

- **June 13 2018:** Girl Rising: Fifth Anniversary Edition, Feminist Film Screening was organized by Voices of Women Media in collaboration with YUWA and with the support of Thames International College Kathmandu. Youths were informed about stories of 9 brave girls of different countries, overcoming their struggles in their life. 51 youths participated in this event. There was screening of a short introductory video of YUWA by Sulab Baral, Program Coordinator of YUWA. At the end of the screening, there was a short discussion about the film and the program was wrapped with the inspiring quotes on women empowerment written by the involved participants.

International Youth Day 2018

International Youth Day 2018 is an awareness day designated by the United Nations. The purpose of the day is to draw attention to a given set of cultural and legal issues surrounding youth. Marking the International Youth Day 2018 with the theme "Safe Spaces for Youth," YUWA carried out the following programs:

- **August 12 2018:** YUWA Blog Magazine Publication
- **August 12 2018:** Tweetathon
- **August 1- 17 2018:** Photo/Poster Contest
- **August 13 2018:** Blogathon

KHULLA AAKASH

Khulla Aakash (open sky) is a discussion program among the youths where in problems; things that aren't shared with each other are discussed openly with the constructive group suggestions and solutions. Altogether 137 participants took part in the Khulla Aakash sessions throughout the year. The details of the programs conducted this year are:

- **November 16 2017:** Unemployment and Brain Drain, Maharajgunj
- **December 6 2017 :** Youth perspective on Gender Based Violence, Maharajgunj
- **February 14 2018:** Love Equality, Maharajgunj
- **April 20 2018:** Existing HIV and AIDS and stigmas among LGBTIQ, Maharajgunj
- **May 30 2018:** Men's Role in Menstruation, Maharajgunj
- **July 20 2018:** Love, Sex and Equality, Maharajgunj



SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS (SRHR)

Reaching out young minds (ROYM)

Sexual and Reproductive Health of youths is central to their well-being and development. Reaching out Young Minds is a one-day workshop on Sexual and Reproductive Health and Rights (SRHR) issues which is delivered among adolescents and youths. The workshop sessions cover specific topics like family planning, safe sex, use of contraceptives and safe abortion. The participants are oriented and sensitized about the above topics in a very interactive way. Sessions are delivered through presentation, discussion, demonstration, games and case studies. This program aims to increase the knowledge on SRHR issues which will further improve their service seeking behavior and lead to better reproductive health of youths.

- **November 15 2017:** Comprehensive Sexuality Education (CSE) in Ruga VDC of Chaayanath Municipality at Mugu with 25 participants.
- **March 23 2018:** Gender, Sexuality and Body Image in Maharajgunj with 20 participants
- **June 23 2018:** Comprehensive Sexuality Education in YUWA office with 11 participants



YALC CSE session

Youth Activists Leadership Council is group of 10 youth activists who contribute for advocacy and sensitization on SRHR issues and engage in their own capacity building as well. YALC has been working on advocacy of Comprehensive Sexuality Education and its implementation in school from grass-root to national level. As a part of it, the members of YALC conducted CSE sessions among school adolescents for orienting about CSE and conduct peer education programs to a total of 323 participants. It includes session on components of CSE and how can it be implemented or delivered.

- **September 7 2018:** Shree Pating Madhyamik Vidhyala, Pating, Helambu-7
- **November 20 2018:** Adarsha Secondary School, Basantapur
- **January 14 2018:** Ganeshnagar Lower Secondary School, New Horizon Gautam Buddha Secondary School and Smriti Boarding School Rupandehi, Butwal
- **March 29 2018:** Interns and Volunteers at YUWA, Maharajgunj
- **May 25 2018:** Bagmati Boarding School
- **May 25 2018:** Radiant Public School
- **June 1 2018:** Padma Kanya Higher Secondary School Dillibazar
- **July 10 2018:** Cambridge Public High School of Kathmandu
- **July 13 2018:** Parbat Gurukul Academy of Parbat



Center for Gender and Sexuality Studies

Gender and sexuality studies help to better understand society and its interrelation. Almost every areas are affected by the issues related to gender. Most affected and influenced by gender and sexuality are adolescent and youth. Understanding these cross-cutting issues related to gender could be essential for any area or sector to work smoothly.

YUWA has established a Centre for Gender and Sexuality Studies under the Sexual and Reproductive Health and Rights department in YUWA. This center is a hub for adolescent and youths to learn about Gender and Sexuality, its aspects and issues. Center for Gender and Sexuality studies of YUWA organizes 18 credit hours academic course on Gender and Sexuality especially tailored for youth.

- **March 8-10 2018:** YUWA completed three days course on gender and sexuality studies marking International Women's day in Maharajgunj. Sessions were facilitated by Mira Mishra (Prof. Gender Studies Program) on Feminism , Ms. Bindu Pokharel (HoD, Gender studies Program) on Patriarchy, Ms. Devika Rai (general member of YUWA and M&E consultant, FPAN) on Research Methodology, Mr. Amit Timilsina (President, YUWA) on Men in Feminist movement, Mr. Kamal Gautam (National coordinator, RHRN Nepal) on Gender and Youth, Rukshana Kapali (LGBTI activist) sharing her experience on sexual orientation and LGBTI issues, Ms. Sarita Gyanwali (Media Person) on Gender Socialization , Ms. Rusha Adhikari (Program officer, Voice of Children) and Ms. Alisha Adhikari (Social activist and Psychologist) on Gender and Intersections, Ms. Sajja Singh (General Member, YUWA) Sex, Gender and Gender role, Ms. Pratiksha Gurung (Communications Officer, YUWA) on documentary discussion. Saurya Dhungel, General Member of YUWA coordinated the sessions. The total of 15 participant participated in the program. Participants will now critically analyze and write articles on burning issues of gender and sexuality.

Tweetathon

- **September 28 2017:** In conjunction with the Global Day of Action for Access to Safe and Legal Abortion, ARROW along with its partners in South Asia; India, Nepal, Bangladesh and Pakistan embarked on a social media campaign on the 'Access to youth SRH services and comprehensive sexuality education without stigma.' Tweets on access to youth SRH services without stigma included statistics, information, statements on adolescent health services, adolescent birth rates, contraception prevalence (aged 15-19) and (aged 20-24), MMR among adolescents, HIV among adolescents and child marriages. The campaign was successfully held from 10:15 AM to 12:15 PM.
- **August 12 2018:** Marking the International Youth Day 2018, YUWA conducted a Tweetathon regarding the theme for this year IYD 2018 "Safe Spaces for Youth" in Twitter from 4:00 to 5:00 PM.

Blogathon

- **May 28 2018:** Marking the Menstrual Hygiene Day, blogathon was conducted from 4pm to 6pm with series of blogs written by the Youth Activists Leadership Council Members within the two hours frame. The blogs posted were all related to menstruation. Blogs of YALC members Lirisha Tuladhar, Shreya Shrestha, Pooja Panthee, Sajira, Nisha Adhikari and Sweta Mahato were published.

- **August 13 2018:** Marking the International Youth Day 2018, YUWA along with Youth Activists Leadership Council members conducted Blogathon regarding the theme for this year IYD 2018 "Safe Spaces for Youth" in Youth Activist Leadership Council Wordpress from 2:00 to 3:00 PM and tweeted through YUWA's twitter account.

Other programs under SRHR

World AIDS Day celebration

- **December 1 2017:** On the occasion of World AIDS Day, a short session regarding the basic concepts of HIV and AIDS was taken in Chandbagh School located in Bansbari. The participants consisted of the students of grade 11 and 12 of Management and Commerce faculty. About 100 participants were present in the session facilitated by YALC members Ms. Nisha Adhikari and Ms. Lirisha Tuladhar. The facilitators gave a short introduction of themselves and the organization along with the video of YUWA. The second part of the session consisted of the basic concepts about HIV and AIDS including the modes of transmission, prevention, treatment and others general informations facilitated by Nisha Adhikari with help of powerpoint presentation slides. The students were interactive and they successfully participated by asking their queries and cooperating well. The last part consisted of open discussion on Stigma and Discrimination on HIV and AIDS facilitated by Lirisha Tuladhar. The overall session helped the students to grasp the information that are important to prevent the spread of HIV. The feedbacks from the students and the teachers as well were good and positive.

YUWA and KYA Partnership

- **December 5-6 2017:** YUWA and Khmer Youth Association (KYA) organized two days meeting in YUWA to discuss and plan volunteer program in Nepal and Cambodia. The meeting was productive to understand respective organization, work in SRHR and placement for volunteer and further procedures for volunteer exchange program.
- **February 15-19 2018:** YUWA, Khmer Youth Association and Fredskorpset (FK Norway) conducted second planning meeting in Cambodia to finalize proposal and way forward on Youth exchange program between Nepal and Cambodia to learn cross country status in Sexual and Reproductive Health and Rights (SRHR). Detail planning on process of exchange program, selection process, and preparation of timeline and finalization of proposal was done. YUWA and KYA will exchange volunteer every year for three months of period. Amit Timilsina, President at YUWA and Saurav Thapa Shrestha, executive member at YUWA represented YUWA in the planning meeting.

Self Defense Training Workshop

- **December 10 2017:** As a part of the 16 days activism on Gender Based Violence, a self-defense program was organized in Godawari Alumni Association in Thamel Kathmandu by Search for Common Ground - Nepal, along with Girls Kick, YUWA, Association of International NGOs in Nepal - AIN, and Outdoor Adventure Center Nepal. The program was to teach the girls some defense techniques that might help them when and if they might be harassed. The program started with an opening speech by actress Ms. Reecha Sharma. The volunteers from YUWA performed flash mob successfully as the opening dance. The formal training started at around 11:30 am by the trainees from the Search for Common Ground organization. The female volunteers from YUWA also participated in the training that consisted of basic defense techniques. The program ended with the brief promotion of the Nepali movie Firke. The actors from the movie were invited to be a part of the training. At around 1:30 pm, all the participants took their departure.

Dissemination Program

- **December 19 2017:** The current YALC Members and volunteers at YUWA participated in the program focusing on disseminating information of the recent NDHS report of 2016 among youths with thematic areas of Introduction and methodology of NDHS, Family planning, SRHR and MMR and HIV/AIDS, Gender equality, Women empowerment in Ageo Café, Dhobighat.

SRHR and leadership session

- **January 20 2018:** Bijay Thapa, Asst. Country Representative of UNFPA Nepal took session on "SRHR and leadership" to members of YUWA and Youth Activists Leadership Council (YALC). He inspired and motivated members to contribute to the society and be a leader to achieve SDGs by 2030.

Sexual Harassment and Reproductive Health session

- **February 22 2018:** Session on ' Sexual Harassment and Reproductive Health' was conducted by YUWA to the 20 fellows at Samaanta Foundation. Session were delivered to fellows at the foundation belonging to 15-21 age group and mostly coming from rural places of Sindhupalchowk, Lalitpur, Kavre, Humla and Rolpa making the session even more meaningful for them as they were least known about the topic.

SRHR and intersectionality workshop in Malaysia

- **February 20- 24 2018:** YUWA's executive member Ms. Apurba Kc and General Member Mr. Saurya Dhungel attended a four days' workshop in Malaysia, organized by The Asian-Pacific Resource & Research Centre for Women (ARROW) focusing on Sexual and Reproductive Health and Rights (SRHR) and intersection such as law,

education, environment and religion to strengthen advocacy at national and regional level. YUWA received 2 years project from ARROW and thus the participants presented the project idea and budget for the project.

International Women's Day celebration

- **March 8 2018:** YUWA in collaboration with Nepal Public Health Student Society celebrated International Women's Day 2018 with the theme #pressforprogress with storytelling competition, flash mob, drama and motivational speech from inspiring women and activists. Medha Sharma, President of Visible Impact, Simran Serchan, Transwoman activist, Binjwala Shrestha, professor at Department of Public Health and Community Medicine shared their experience. Dharma Raj Ghimire, General Secretary at YUWA was invited as a guest in the program and delivered his speech on YUWA's contribution in women's movement and importance of men in women's movement. The program was led by YUWA's general member Surakshya Dhungana.

Hana Power Project

- **March 15 2018:** YUWA in collaboration with Social Enterprise Network (SEN), MYSC (Merry Year Social Company) and Um Hong Gil Human Foundation completed a one month project 'Hana Power on Impact.' Funded by Hana Financial Group, the project is designed to find out the root cause of pressing social problems in Nepalese communities and schools through design thinking approach. It is also focused on resolving Sustainable Development Goals including education, health, water, sanitation and hygiene (WASH) issues during menstruation, and school toilet advancement in Nepal. The project was led by YUWA's general member Bikram Buchha and supported by interns Rajesh Tamang, Sujata Aryal and Nhujala Maharjan.

Trainings of Trainers

- **April 5-6 2018:** Voice of Children (VOC) conducted Training of Trainers (TOT) on Child Sexual Abuse (CSA) and Sexual Exploitation of Children online (SECO) to youth targeted diverse participants at Entrance café, Kupondole. Shailek Bikram Shah, intern at YUWA participated in the program representing YUWA.
- **August 18-22 2018:** Asian Pacific Resource and Research Center for Women (ARROW) organized a Trainings of Trainers on Youth Sexuality and Intersectionality hosted by YUWA to the total of 24 participants from LOOM Nepal and YUWA.

Focused Group Discussion

- **April 26 2018:** YUWA conducted a focused group discussion with the students and interviewed teachers at Azad Secondary School, Deuvumi- Baluwa, Kavre regarding health and sanitation as a follow up for the project called "Hana Power on Impact X Nepal" which was implemented in partnership with Social Enterprise Network (SEN),

Merry Year Social Company (MYSC) and Um Hong Gil Human Foundation, South Korea. Under this project, as a local researcher, Mr. Rajesh Tamang and Sujal Bhakta Shrestha, interns at YUWA visited to follow up the prior project. The project subtitle called “craft club kit” has been running very systematically in AZAD School. The school has also formed an ECO Club recently. The project “Hana Power on Impact X Nepal” has conducted workshop, orientation and art skill programs in various parts of the Kathmandu Valley and outside the valley as well. 2 interns at YUWA benefitted from the program.

Review Workshop

- **May 17-19 2018:** Design Document and Review Workshop for Saathi Sanga Manka Kura radio program was conducted by Equal Access. Saathi Sanga Manka Kura (SSMK) is a long running radio program dealing with adolescent issues. It is a 45-minute weekly magazine program and is supported by numerous outreach activities. Sajja Singh, Program Officer of SRHR department and Aney Rijal, Graphic Designer participated in the workshop. The participants included the Sathi Sanga Manka Kura team, adolescents and youth radio producers from different parts of Nepal, members of transgender community, donor and government stakeholders and representatives from youth organizations. The workshop focused on content designing for 20 episodes (maximum) of the radio program using Social and Behaviour Change Communication (SBCC) approaches and review of the existing format of the radio program, its outreach activities, topics and themes were discussed.

ENVIRONMENT SUSTAINABILITY

- **June 11 2018:** General member at YUWA, Surakshya Dhungana and Intern Aney Rijal had participated in a Youth Workshop on Importance of Open Data for Air Quality Management conducted by Clean Energy Nepal in collaboration with U.S. Embassy, Nepal representing YUWA. They gained knowledge on youths, gearing up group discussion and presentations on roles of youths in open data air quality management along with the high demand on addressing the air quality management.

SUSTAINABLE DEVELOPMENT GOALS (SDGS)

- **September 8 2017:** Magargaun Madhyamik Vidhyalaya Kyonjosum Municipality, Sankhu amongst the class of 11 by General Member of YUWA Ms. Surakshya Dhungana and volunteers Ms Smriti Luitel and Ms. Krishna Adhikari with 10 participants.
- **September 12 2017:** Digo talk was successfully completed among 30 students of grade 11 and 12 of Baleswor Higher Secondary School Konjyosom rural municipality ward no.5 Lalitpur by volunteers Anju Bhattarai and Janki Pandey. Students were oriented about different 17 goals and how they can be achieved through efforts of young people.
- **September 22 2017:** KOICA: 10 staffs were oriented about Sustainable Development Goals and how we as individuals can contribute to achieve SDGs.
- **February 4 2018:** YUWA conducted Digo Talks programme at National Institute of Health Sciences, Stupa College for 6th, 7th and 8th semester of 15 Bachelors in Public Health students on 4th of February 2018. The session was facilitated by General Member Ms. Surakshya Dhungana and Ms. Smriti Luitel with 15 participants in total.
- **April 4 2018:** YUWA conducted Digo Talks programme at Maharjgunj Medical Campus, Institute of Medicine to the total 34 students of 1st Year Bachelor level in Public Health, facilitated by General Member at YUWA, Ms. Surakshya Dhungana, Anju Bhattarai, Garima Chaulagain and Akriti Pandey. They showed up great interest in conducting programs on SDGs. The programme successfully ended with the photo session at 5:30 pm.
- **April 25 2018:** YUWA conducted Digo Talks program under the thematic area of Sustainable Development Goals (SDGs) at YUWA Office facilitated by Surakshya Dhungana, General Member of YUWA and Anju Bhattarai. Total 20 participants were participated in this interactive workshop. Participants were given a task of developing action plan and conducting similar session within their class and colleges.

RIGHT HERE RIGHT NOW (RHRN) Nepal

The Strategic Partnership Right Here, Right Now (RHRN) addresses the limited respect, protection and the hindered fulfillment of the sexual and reproductive health and rights (SRHR) of young people in 10 countries in Africa, Asia and Latin America and in 1 sub-region, the Caribbean.

The RHRN platform in Nepal consists of 15 civil society organizations, including YUWA, which is serving as the platform secretariat where the conduction of advocacy at national level on comprehensive sexuality education, safe abortion and same-sex marriage ensues.

- **September 22 2017:** Introductory Meeting with National Youth Council
- **September 26 2017:** National Safe Abortion Day with approximate 500 audiences
- **October 11 2017:** Qualitative Development Tools by Visible Impact
- **October 16 2017:** Multi- stakeholders Dialogue on Comprehensive Sexuality Education
- **November 14, 21 and 22 2017:** Stakeholders meeting in Mugu
- **November 20 2017:** Preliminary discussion regarding dissemination of NDHS 2016
- **December 21 2017:** Consultation meeting with stakeholders on CSE monitoring framework
- **February 9-12 2018:** Capacity Strengthening workshop on advocacy
- **March 7 2018:** Mid-term evaluation workshop in Netherlands for PMEL Officers
- **March 13 2018:** Sixty Second session of the Commission on the status of Women
- **March 23-27 2018:** Pre APFSD Youth Forum meet
- **May 24-27 2018:** Digital Security Workshop
- **July 26-27 2018:** RHRN Platform and Consortium meeting



YUWA PUBLICATIONS

- Issue brief on Menstrual Hygiene Management in Nepal, May 28 2018. The issue brief consist of comprehensive information on menstruation hygiene and has been prepared and based on desk research, Focus Group Discussion and online Survey conducted by YUWA.
- Advocacy brief on Comprehensive Sexuality Education: the way forward, educating young minds on the importance of CSE Education in Nepal.
- Youth Studies booklet - an interdisciplinary course on youth, leadership and data, July 2018. Youth Studies booklet has been developed to aware youths about their age/generation, identity and different issues related to it, open data and statistics in Nepal, educate implications of the international and national laws and youth policies, equipping young people with necessary practical skills for working with young people. This booklet can act as a resource material for civil society organizations working with youth who are interested to learn and disseminate information about youth and data.
- Issue brief on HIV and AIDS among Young People in Nepal, July 2018. The issue brief was published on the sideline of the International AIDS Conference 2018 with an effort to take this national issue to an international platform.
- YUWA has developed 'Voice of YUWA' which provides a platform for youth of diverse background and experiences to speak their mind and heart into their writings. 'Voice of YUWA' will help youth to understand about the current efforts to mitigate youth problems and to create enabling environment for youths in Nepal. YUWA aims to ensure youth adult partnership in reaching out young people with important message and information through this blog magazine.

Find all resources in the YUWA's Website: <http://yuwa.org.np/resources/>

TRAININGS AND OPPORTUNITIES

- **January 31- February 1 2018:** CHOICE, RHRN consortium partner gave three days capacity building workshop on multi annual strategy development to 12 YUWA's staff, executives, members and volunteers. Three days' workshop helped YUWA to strengthen the current strategic document.

CELEBRATIONS

DASHAIN CELEBRATION

- **September 24, 2017:** YUWA celebrated Dashain with its Members, Executives and Staffs on 24th September at YUWA's office Maharajgunj. All the Co-founders Executives and Members (CEM) were invited for the pre-Dashain celebration. We had a YUWA family meeting, interaction, delicious varieties of food, games, dance and lots of fun. Greeting cards with Dashain wishes were also distributed to the present CEM.

Tihar Celebration

- **October 19 2017:** On the occasion of Deepawali, YUWA family celebrated Laxmi Puja at YUWA office, Maharajgunj with the presence of executives, members and staffs on 19th October 2017, Thursday. All the Co-founders, Executives and Members (CEM) were invited for the Tihar celebration.

Eight Anniversary Celebration of YUWA

- **December 16 2017:** To mark the eighth anniversary of its establishment, YUWA organized a celebration program bringing together all its contributing members on December 16, 2017. The celebration was commemorated in YUWA office Maharajgunj featuring co-founders, Rukh Bahadur Gurung and Santosh Bohora as well as the executives, members, volunteers and staffs who were the significant part of the growth of the organization. Lirisha Tuladhar, the youngest YALC member at YUWA, Amit Timilsina, president at YUWA, Kanchan Kharel , the ex-president, Rukh Bahadur Gurung, co-founder of YUWA collectively initiated the cake cutting ceremony.

Felicitation Program- Balbalika Ka Lagi YUWA

- **February 23 2018:** YUWA organized refreshment and felicitation program of post fundraising event at YUWA. All the volunteers shared their experiences of volunteering in the event and also the clothes distribution team for Dolakha also shared their experience of distributing clothes to the children of Dolakha. Alumni member of YUWA, Mr. Sabin Rimal was felicitated by YUWA for his invaluable contribution to make the event a success.

NETWORKING AND RELATION BUILDING

- **September 15 2017:** Freedom forum organized a dialogue program on “Challenges of Democracy in Nepal and Further Course” on 15th September 2017 denoting the International Day of Democracy in Nepal at Nepal Forestry Association Conference Hall, Babarmahal Kathmandu. The key note speakers of this program Dr. Chandra Dev Bhatta and Shree krishna Aniruddh Gautam gave their speeches on the related topic where various civil society organization’s representatives, political parties’ leaders and other participants spoke and partook in dialogue. Mr. Dharma Raj Ghimire from YUWA attended the dialogue.
- **September 21 2017:** By the initiation of Service Civil International and in collaboration with various organization, YUWA organized a marathon called Heritage Peace Run from Bhaktapur TB hospital to Durbar Square.5 marking the occasion of International Peace Day-2017. Members from YUWA participated as an organizer in the event.
- **November 13 2017:** Mr. Sulab Baral, Program Coordinator at YUWA participated in the event “Nepal in Data Evening” organized by Nepal In Data in Ashok Hall, Patan. The program was supported by UK AID (DFID) and The Asia Foundation and Development Initiatives. The event comprised of Panel Discussion which emphasized in the importance of Data for development of the nation. The panelist were Head of DIFID Dr. Rurik Marsden, Mr. Suman Raj Aryal, Director General, Central bureau of Statistics, Mr Shaleen Khanal Researcher, Mr. Bishwo Poudel, an economist. The event highlight was the launch program of the video that presented the video of energy consumption of Nepal, import & export rate of Nepal, poverty and equality of Nepal.
- **December 1 2017:** YUWA's President participated as an invitee in CSE Empowering Adolescent Girls and Young Women through the provision of Comprehensive Sexuality Education and a safe learning environment in Nepal. He attended the CSE draft manual sharing workshop to provide feedback and input. Amit Tmilsina provided feedback on draft manual for revision. Networking with various stakeholder was also done.
- **December 2017:** Ist CWIN- Nepal, a non- governmental organization located in Rabibhawan, Kathmandu had organized a roundtable discussion in Indreni Foodland, New Baneswor on the procedures of implementation of judicial decision regarding the issues of women and children. YALC members Ms. Lirisha Tuladhar and Ms. Nisha Adhikari participated in the discussion program.
- **December 9 2017:** One Youth Nepal a NGO working to support the rural schools education infrastructure had conducted a retreat event in Hello Café, Bagbazar where volunteers, representative from various organizations had come together for the celebration of the year achievements of the organization. Mr. Sulab Baral, Program officer at YUWA had represented and received appreciation certificate for the support

YUWA had provided to establish library for this organization school infrastructure project.

- **December 14 2017:** YUWA's general member Sajja Singh was featured in SDGs Talk program in News 24 Television. She shared her experience of working in SRHR and challenges as youth advocate working in SRHR. Amit Timilsina, President of YUWA gave expert view on SRHR linking with SDGs and youth's effort to localize SRHR and SDGs. This program got huge response and work done by YUWA was broadcasted all over Nepal.
- **January 23 2018:** EmpowHER Junior 2017, from Ujyalo Foundation visited YUWA where YUWA delivered session on basic information, structure and functioning of the organization. YUWA also focused on the importance of professional ethics, communication and networking. Creative activities and games were also followed by the session. Mr. Amit Timilsina, Mr. Dharma Raj Ghimire and Miss Pratiksha Gurung facilitated the session.
- **January 30 2018:** In collaboration with various youth organizations across Nepal, Nepal Social Forum is planning to organize a three days Nepal Social Forum on 8th-10th March 2018 with the major objective to contribute to strengthen the idea of true federal democratic republican constitution that promotes participation, equality thorough equity, social justice and sustainable peace. In order to organize this forum, various round of meeting have been held. As part of the process, Miss Shraddha Gurung, General member at YUWA attended the broader meeting of Nepal Social Forum organizing committee to discuss on various agendas like venue finalization and sub-working committee.
- **February 6 2018:** Mr. Amit Timilsina, President at YUWA and Ms. Pratiksha Gurung, Communications Officer attended the collaborative event "चिया गुफ/ Chiya Guff" being organized by Educators' Alliance on 6th of February, 2018, Tuesday as a part of the third meet-up at Karkhana, Gyaneshwor, Kathmandu. The event was a general gathering where the attendees had conversations about the work they were doing in the field of education.
- **February 3 2018:** General Secretary at YUWA, Mr. Dharma Raj Ghimire attended the idea pitching session of all the 12 change makers from EmpowHER 2017 of Ujyalo Foundation. EmpowHER Junior is the incubation and leadership institute in Nepal for young girls of 12-16 years. Representative from various organizations, media, parents of participants and students were present on the event.
- **February 12 2018:** Non Resident Nepal Association (NRNA) Global Youth Affair called for a meeting with various youth organizations, youth network, National Youth Council, youth clubs and media to discuss on possible collaboration to work on the youth issues in Nepal. NRNA Youth Affair represents diaspora Nepali from 78 countries where 70% of total diaspora represents age group below 40. NRNA has

identified youth agenda as major cornerstone announced at 8th Global Summit-2017 in Kathmandu. Mr. Dharma Raj Ghimire represented YUWA at the meeting.

- **February 15 2018:** Recognizing the importance of youth employment issue and in order to leverage the talent, energy, and passion of youth to develop innovative policies and carry out advocacy, YUWA and Daayitwa, discussed on the possible collaboration in youth centric issue of youth employment. Daayitwa proposed YUWA to have a partnership in their project called Yuwa Aaja which is based on the innovation, leadership and youth employment through reform campaigns, thus becoming better advocates, agents and actors for development processes in Nepal. Mr. Dharma Raj Ghimire from YUWA and Mr. Sulab Baral and Mr. Nischal Bhandari from Daayitwa decided to take partnership process further by discussing about it with their organization's decision making body.
- **February 16 2018:** With the celebrations of the festival of startups and entrepreneurs, the Start-up Mela 2018 was organized in collaboration with various social and corporate organizations. The event was the biggest platform for innovation, startups, entrepreneurs, investors and policy makers. Their prime goal was to manage the ecosystem of ideas-investments-policy. On behalf of YUWA, Mr. Dharma Raj Ghimire attended the mela as an invitee where he met the entrepreneurs and leaders from various social leaders. He also put his thoughts, and imagination on the future of our economy.
- **February 17 2018:** YUWA was invited in the event organized by AYON marking and celebrating National Democracy Day and National Election Day 2074 with support of IFES Nepal and USAID Nepal. A panel discussion was conducted among the elected youth leaders which incorporated the following agendas of the Electoral rights of youth: Establishment of a cut-off date for voter registration and voting and the Political Culture, and Youth Engagement in Local/National Development. Mr. Dharma Raj Ghimire from YUWA attended the event.
- **March 3 2018:** Mr. Dharma Raj Ghimire, Kamal Gautam and Sabin Rimal attended the Open Data Day celebrations at Patan Durbar Square and Museum on Saturday 3rd March, 2018 which was jointly organized by the Accountability Lab, Centre for Data Journalism, Freedom Forum, Kathmandu Living Labs, Local Interventions Group, Bikas Udhyami, and Open Knowledge Nepal, as a part of the Open Nepal initiative, with funding and support from the Data for Development Program.
- **March 3 2018:** Open Data Day 2018 was celebrated with an exhibition of data infographics, a panel discussion and enlightening talks, an interactive open street marathon, and a data treasure hunt for children. There were also live music and the chance to network with Nepal's open data movers and shakers. YUWA was invited by Asia Foundation Nepal.
- **March 21 2018:** Two YUWA's members and two interns attended the meeting at Voices of Women Media. Voices of Women Media is a non-profit organization working

for enfeeble or vulnerable women to raise their voice via media. Ms. Christina Shrestha, a young innovative and enthusiastic youth shared her story. She wanted to become a good football player also a big fan of Manchester city. But due to some physical problem she couldn't accomplish her dream. She is willing to become a sport psychologist and want to help her nation.

- **March 23 2018:** Freedom Forum conducted a day-long national workshop on “Promoting right to information and open government data in federal Nepal” in the capital city Kathmandu on March 23. It was organized with the support of The Asia Foundation. Bringing together 90 plus participants from the right to information and open data community, including the government agencies- Office of the Prime Minister, Central Bureau of Statistics, National Information Commission, civil society, research and academia the workshop witnessed presentations on different aspects of RTI and open data practices and challenges, sharing of experiences and underscored the collaboration among the multi-stakeholders to expand the regime of RTI and open government data for the transparency. Ms. Pratiksha Gurung represented YUWA in the workshop.
- **April 20 2018:** YUWA was invited for the inauguration ceremony of 1st National sexual and gender minorities Futsal competition organized by National Sports Council, managed by Federation of Futsal and coordinated by Blue Diamond Society. The event was inaugurated by Hon' Minister of Youth and Sports. It is of great achievement regarding inclusion and right to play and also a platform for showing our capacity on sports sector. On behalf of YUWA, Mr. Dharma Raj Ghimire attended the inauguration ceremony to support the players and the event. It was a good initiative of the government and a very good example of inclusion of all diversity in every sector.
- **April 24 2018:** 9th Human Rights Magna Meet Secretariat organized a report launching program at Russian Cultural Center. Mr. Dharma Raj Ghimire, General Secretary at YUWA attended the program on behalf of YUWA. The members of National Human rights commission, human rights activists, leaders from civil society organizations, media and students were present in the launching event.
- **May 17 2018:** Mr. Sulab Baral, Program Coordinator at YUWA attended an interactive discussion with Ms. Victoria Ayer, Open Government Partnership Board Member and USAID Senior Anti-Corruption and Good Governance Advisor on the role of youth and the private sector in building a more open and accountable government in Nepal. The interaction program was moderated by Mr. Narayan Adhikari, CEO, and Accountability Lab. The participants in the event comprised of selected group of leaders from various organizations, media and the like. Sharing of ideas, discussion solutions and work in collective synergy towards an open government partnership in Nepal were done.
- **May 22 and 24 2018:** Mr. Sulab Baral, Program Coordinator at YUWA participated in a two days' workshop on Capacity Development for Making Cities Resilient to Disasters. The workshop was organized by Kathmandu Metropolitan City in collaboration with UNISDR and support from European Commission. The workshop

aimed to develop the capacity of government officials and stakeholders to become resilient to disasters applying the resilience scorecard for cities.

- **July 29 and 30 2018:** YALC member Shreya Shrestha and Intern Aney Rijal had participated in two days residential workshop on accelerating International Conference on Population and Development (ICPD) implementation through coordinated advocacy. This workshop was conducted by International Youth Alliance for Family Planning. The workshop was conducted to aware youths about the concept and importance of advocacy. Through group work the participants was able to make Plan of Action for ICPD improvising reproductive health and services and Gender equality. The participants were also able to learn UN language. On the 2nd day, there was panel discussion on theme “Accelerating ICPD through coordinated youth advocacy”, where the panelist where Ghanashyam Poudel from Family Health Division, Shanta Laxmi from Beyond Beijing Committee and Kamal Gautam from Right Here Right Now. The workshop was completed with giving key emphasis on approaches towards Comprehensive Sexuality Education.

MISCELLANEOUS ACTIVITIES

- "The Gods Will Be Angry", one of the selected 20 videos worldwide by Preeti Shakya, emphasizing on menstrual hygiene management in Nepal, one of the pivotal focus of YUWA has been recognized and marked in the video. YUWA has been featured and YUWA's work has been visible to the international platform as well.

Link to the video: <https://youtu.be/V-JlHMlemlo>