



ANNUAL PROGRESS REPORT

August 2016 – August 2017

Eight Annual General Meeting 2017 9th September 2017

Table of Contents

Active Citizenship	1
Sexual and Reproductive Health and Rights (SRHR)	17
Economic Initiation and Innovation	
Sustainable Development Goals (SDGs)	35
Centre for Youth Studies (CYS)	40
Training and Opportunities	41
Celebrations	46
Networking and Relation Building	54
Miscellaneous activities:	55

Active Citizenship

Prarambha (Initiation)

A two-day non-residential program targeted towards the youths between the ages of 18-27 it's an effort towards a common platform for youth innovation and engagement. Participants undergo a series of steps whereby the ideas are explored, organized and implemented, concurrently empowering and motivating youths. Its primary aim is to provide a clicking point whereby the participants can identify the way ahead.

The tenure of the executive of the year September 3 2016 to 25th August 2017, total of ---Prarambha was conducted where in a total of --- participants were enrolled in the workshop. The details of these sessions are as follows:

- December 13th and 14th, 2016: Nepal Mega College, Babar Mahal, Kathmandu.
- December 21st and 23rd, 2016: Nepal Mega College (second batch of participants), Babar Mahal, Kathmandu.
- December 2nd and 3rd, 2016: Sherpa for Change, Boudha, Kathmandu.
- February 18th and 19th, 2017: Blind Youth Association Nepal (BYAN), Sukhedhara, Kathmandu.
- March 22nd and 23rd,2017: Girls Empowered through Travel and Times International College, Dillibazar, Kathmandu, Nepal.
- June 1st and 2nd, 2017: Everest Innovative College, Solteemood, Kathmandu.
- June 21st and 22nd, 2017: St.Xavier's College 21st, Maitighar, Kathmandu.



Success of Prarambha

- ✓ 18th March 2017: Prarambha Graduates of Blind Youth Association implements their action Plan. The Prarambha that was conducted in 18th and 19th February 2017 resulted the graduates to initiate and conducted a motivational session. The facilitators were Mr. Sanjay Khadka from Youth Advocacy Nepal and Ms. NiraLamichhane from Ministry of Women, Children and Social welfare. Through this program 25 participants were morally boosted about their capacity to grow in their career/life as well as to contribute to their community
- 1st July 2017: GET forms an organization (NGO): The Prarambha which was conducted in 22nd and 23rd March 2017 with the participants of Girls Empowered by Travel (group then) had registered a NGO. Total of 10 participants are the current Board of this organization. The link to their organization is: www.girlsempoweredbytravel.org/ In regards to this, the organization had planned to conduct futsal tournament on 1st of July. This futsal aims to create platform for girls who are good and interested in sports. It intends to create the network for girls to know and support each other. Thus on 1st of July the team have planned to conduct futsal tournament.
- ✓ 11th June 2017: The Praramba graduates of Everest Innovative College, involved in student's council named "Sarovar Student Council" organized team building, public speaking workshop along with awareness program on sanitation and sexual harassment and motivational speech in Gajurmukhee Secondary Boarding School among 28 participants.

Pahichan (Identify)

Rural Youth targeted non-residential program primarily designed to produce skilled, selfmotivated and empowered chain of local leadership. This program is carried out in the rural areas of Nepal and in coordination with the local youth clubs and local organizations. Every rural area is its target place and any rural youth falls under the targeted group of this program. Pahichan follow the three basic principles of exploring the local leadership, empowering the local leaders and establishing social networks. One Pahichan was conducted this year with reach of total 25 participants. The details of these sessions are as follows:

• August 10th and 11th,2017: Kushma Municipality ward no. 1, Pang, Parbat.



YUWA Manthan

YUWA Manthan is a discussion program whereby the youths gather with an expert to discuss in the issues affecting youths. The main aim behind it is to provide platform for youths to speak their ideas and voices and to create a place for their engagement. Seven YUWA Manthan was conducted this year covering a range of interesting issues. The details of these discussions are as follows:

- November 15th,2016: YUWA Manthan with Ariani (IOM Nepal) was conducted to the participants of YUWA with the session "Social Media Management. "There were 23 participants. The main motive of this Manthan was to enhance the capacity and deliver general idea of social media management therefore various organizations representative attended this program namely: Nepal Music Festival, Search for Common Ground, We Inspire Nepal, along with colleges.
- December 29th, 2016, Lalitpur: YUWA Manthan was conducted at YUWA with Ms. Stephanie Habbard, a Communication expert based in Australia. Through this, the 15 participants present in the program got to know about basic communications skills, internal and external communication, their differences and also about press release writing. Different ways and methods of effective communication was taught by Ms. Habbard to the Staffs, Interns and Members of YUWA. Ms. Habbard is an Australian Volunteer for International Development (AVID) for NSET.
- January 28th, 2017: YUWA conducted it's very first YUWA Manthan for the year 2017 with Sixit Bhatta, an Entrepreneur on Tootle. Tootle is a ride sharing application where people can call bike from a network of tootle 'Partner' (bikers registered with Tootle) through the use of the app. The app enables bikers to register with Tootle and give rides to the people wanting rides and make an extra income. Through the product Tootle team are providing employment opportunity to a number of bikers at the same time allowing the people move around town in the most convenient manner.
- **February 26th, 2017**: Mr. Thaneshwor Guragain record holder of 14 world records shared his insights, experiences, and struggle to 22 participants. Through this interactive sharing session Mr. Thaneshwor shared his life tips and the struggle he faced and the lesson he learnt. These sharing were really a eye opener to all the participants. Mr. Thaneshwor also explained the procedure in Gunnies world record and shared other success stories of Guinness world record. With all these he also demonstrated some of his record to the participants.
- March 24th, 2017: experience sharer from Jazz Production: Mr. Labesh Shrestha and Mr. AneelNeupane shared their experience of work. Jazz Production is a group of likeminded young entrepreneurs who have started their media group and transformed from an

individual to a team. The team shared about their journey, hardship, formation and experiences of Jazz Production. There were total of 22 participants, these participants belonged from diverse fields such as humanities, management, arts background and were made realized that through media all the sectors will be connected.

- June 9th, 2017: YUWA Manthan with SushilAdhikary was conducted this month. There were total of 15 participants wherein they learnt and internalized his hardship, experience and success stories. This YUWA Manthan was initiated by Ms. Saru Ghimire, intern at YUWA. She had coordinated with the facilitator and collecting the participants.
- August 4th, 2017: YUWA Manthan with Mr. PradipKhatiwada was conducted on the topic Open Street Map. Mr. Khatiwada is the coordinator of Digital Volunteers at Kathmandu Living Labs. There were total of 25 participants in this orientation. The participants consist of social work students, public students and Disaster management students. Through this orientation the participants were informed about the history of Open Street Map and its use.



Booketing

The Booketing Project is an initiative whereby YUWA collects donations and books in order to support schools and libraries. The details are follows:

• February 3rd, 2017: team led by General Member of YUWA Mr. Jai Ram with the interns Mr. SumanThapa and Mr. Sabin Malla established library in Janajagriti, Ekudol, Lalitpur. The team formed student council in the school which comprised of 9 students, librarian and Principle. YUWA donated 2000 books, arranged the library and handed over the books. The team also oriented the school about effective, systematic use of library and its procedures.



Team Building, Leadership and Networking (TLN) workshop

Team Building, Leadership and Networking Workshops (TLN) provide training to youth on leadership, creative thinking and networking. 5 TLN workshop were run throughout the year. The details of the workshop are:

- August 4th, 2016: Kathmandu Mini Maker Faire, Pulchowk, lalitpur.
- August 1st and 2nd, 2016: Students of Orient College and Bridgewater, Hotel Country Villa, Nagarkot.
- Team Building, Leadership and Networking/communication (TLN) 4th March 2017 (LEO)
- April 26th, 2017: Nepalese Youth for Climate Action (NYCA), Lamjung, Nepal
- July 15th, 2017: Aarambha Foundation, Kathmandu



YUWA Annual Progress Report August 2017 – August 2018

Khulla Akash

KhullaAakash (open sky) is a discussion program among the youths where in problems, things that aren't shared with eachother are discussed openly with the constructive group suggestions and solutions. The details of the programs conducted this year are:

- March 4th,2017: Societal Pressure on Youths, Kathmandu
- May 7th,2017: KhullaAkash on Break, Kathmandu



YUWA Awashar

Youths have ideas and team but lack platform. YUWA Awashar is a platform for youths, YUWA represents the youth's ideas and assists and supports their idea through logistics and legal representative. The following were the program conducted under this program:

- 27th February 2017: Anti Cyber bullying/ harassment Initiative
- 25th February 2017: Supported in Library project to Budhanilkanta School school council.



YUWA Annual Progress Report August 2017 – August 2018

Project Identification and Management of Open Spaces (IMOS)

Project Identification and Management of Open Spaces (IMOS) is the project of International organization for migration in collaboration with YUWA and with the support of US AID/OFDA and Nepal Government aims to inform people about open spaces in Kathmandu Valley. These open spaces are informed to the people to make them aware that these open spaces can be used as temporary camp settlement in times of disasters such as earthquake.

IMOS consists of two components the training and the event. The training orients the youths about open spaces and prepares them about the disaster preparedness and response. The fun, informative and interactive sessions in the training creates a strong bond in the team. The sessions such as terminologies regarding disaster, Disaster Risk Management and (DRM) and Community Based Disaster Risk Management (CBDRM) introduce them to the basic learning to preparedness to possible disaster. The session open space/disaster preparedness and response aligned with the session understanding communities creates a bond and understanding in their open spaces.

The training is followed by an awareness event in their wards with the utilization and involvement of the locals in the event. The events comprised of football tournament, rallies, and musical show to gather audience and interactive moments with the passerby audience.

Trainings

- October 29th, 2016: Ward 1, Balmandir, Naxal
- November 19th, 2016: Ward 3, Maharajgunj, Kathmandu
- November 12th, 2016: Ward 5, Sanogaucharan, Kathmandu
- November 26th, 2016: Ward 11, Tripureshwor, Kathmandu
- December 3rd, 2016: Ward 7, Siphal, Kathmandu
- January 13th 2017: Ward 35, Pepsi Cola, Kathmandu
- January 22nd 2017: Ward 6, Boudha, Kathmandu
- February 27th 2017: Ward 31, Purano Bus Park, Kathmandu
- March 15th 2017: Ward 29, Lainchaur, Kathmandu
- March 18th 2017: Ward 16, Sorakhutte, Kathmandu
- March 25th 2017: Ward 14, Kalanki, Kathmandu
- July 1st 2017: Ward 1, Dudhpati, Bhaktapur
- July 7th 2017: Ward 3, Bhaktapur

Awareness

- Cleanliness and Football Program in Ward 5 (Sanogacharan)
- 16th December 2016: Social event at Sherpa Mall, Durbar Margh
- 10th and 11th February 2017: Football tournament and awareness rally Awareness Event at Ward 6 Boudha (LakhePokhari)
- 16th February 2017: Awareness Event at BaneshworChwok, Kathmandu
- 17th February 2017: Awareness Event at Bhatbhatini, Naxal (Ward 5)
- Awareness Event at Bhatbhatini, Mahargunj (Ward 3)
- 6th March 2017: Awareness Event at Ward 31 Ratnapark
- 3rd March 2017: Awareness Event at Newroad
- 9th March 2017: Awareness Event at Ward 11, Tripureshwor
- 20th February 2017: Awareness Event at Sorakhutte (Ward 16), Kathmandu
- 27th March 2017: Awareness Event at Kalimati (Ward 13)
- 28th March 2017: Awareness Event at Thamel (Nursing Chwok) (Ward 29)
- 30th March 2017: Awareness Event at Kalanki (KalankiMandir) (Ward 14)
- 10th April 2017: Awareness Event at Pahupati Ward 8
- 8th July 2017: Awareness Event at Ward 1, Dhudhpati, Bhaktapur.
- 11th July 2017: Awareness Event at Ward 3 Durbar Square, Bhaktapur.



Other programs under Active Citizenship

• Child Protection Policy (CPP):

September 1st, 2016, Lalitpur: The new Terms of Reference (TOR) for the existing staffs included the statement regarding complementing Child Protection Policy (CPP) from the start of September month.

September 16th, 2016, Lalitpur: The Executive members and the staffs at YUWA started signing the Child Protection Code of Conduct and Declaration of Commitment forms complying to the YUWA"s Child Protection Policy.

September 22nd, 2016, Lalitpur: The Flyer consisting of the Child Protection Policy over look was circulated in the social media.

September 30th, 2016, Lalitpur: An orientation program on Child Protection Policy was held at YUWA with 15 participants, which included executive board members, general members, staffs, Interns and Volunteers.

Drama to aware school adolescents about Sexual harassment

4th August 2017- Mr. Alok Dev former intern at YUWA from India came up with an idea to inform school adolescents of Sexual harassment and the idea was to present through drama. Thus, an online form was created where in the volunteers who were interested to participate in this drama campaign were selected. These 10 volunteers selected schools by themselves and the one was Jalupa Higher Secondary School, Baniyatar. There were 100 students to observe this drama and they were informed about sexual harassment.

• Disaster Risk Reduction workshop

18th August 2017, the fellows of United World School Were Orientated on Camp coordination and camp management (CCCM) in regards to their contemporary workshop for the fellow's development. The participants were informed about the role of community in times disasters, they were majorly informed about open space and camp management.

• Personality development workshop to the Glocal Teen hero 2017

27th August 2017, Under the contemporary workshop of the Glocal teen hero, YUWA delivered sessions of leadership, confidence building and setting and achieving goal to the top 6 contestants.

				Total		
Output headings	Program	Name of the program	Date	participants	Female	Male
Youths view's and		Khulla Akash on Societal Youth				
opinions	Khulla Akash	Pressure	17th March 2017	18	13	5
		Prarambha at Blind Youth Association	18th, 19th February			
Leaders generated	Prarambha	Nepal	2017	26	14	12
		YUWA Awashar-Anti Cyber				
Youth's Initiative	Yuwa Awashar	Bullying/harassment initiative	28th February 2017	27	17	10
		Prarambha (GET) at Times	22nd, 23rd March			
Leaders generated	Prarambha	International College	2017	22	22	0
		Yuwa Manthan with Aneel Neupane				
Informed/awarred		and Labesh Shrestha (Jazz				
youths	Yuwa Manthan	Production)	24th March 2017	22	15	7
Informed/awarred		YUWA Manthan with Mr.				
youths	Yuwa Manthan	Thaneshwor Guragain	26th February 2017	11	8	3
Informed/awarred						
youths	Yuwa Manthan	Yuwa Manthan on Tootle App	28th January 2017	16	7	9
		Teambuilding, Leadership and				
Team Build	TLN	Networing with Leo Clubs	4th March 2017	25	8	17
	Library Project Support					
Supported youths ideas	(parbat)		25th February 2017	6		
Self initiated program						
from the generated	Action Plan Prarambha	Action Plan Prarambha Graduate				
leaders	Graduate	(Blind Youth Association Nepal)	18th March 2017	25		
			18th, 19th, 20th Feb			
Outreach/library set up	Booketing		2017			
Team Build	TLN	TLN to Arambha foundation	15th July 2017	20	10	10
		(Role of community and camp	, ,			
Disaster orientation	DRR	coordination and camp management	18th August 2017	6	3	3
		Kushma Nagarpalika ward-1, pang,	10th and 11t hAugust			
Leaders generated	Pahichan	Parbat	2017	24	12	12
		1	I	<u> </u>	13	

YUWA Annual Progress Report August 2017 – August 2018

informed/awarred						
youths	Khulla Akash	Open street maping	4th August 2017	22	13	9
		Glocal teen hero 2017-Personality				
leaders generated		development workshop	27th August 2017	6	2	4
			1st and 2nd June			
leaders generated	Prarambha	Prarambha at Everest College	2017	21	11	10
youths views opinion	Khulla Akash	Khulla Akash on Breakup	7th may 2017	24	20	4
informed/awarred						
youths	Yuwa Manthan	Yuwa Manthan with Shushil Adhikary	9th June 2017	14	10	4
Team Build	TLN	TLN at IAAS (Lamjung)	25th April 2017	26	11	15
Leader's Generated	Prarambha	Sherpa Media Group	2 nd December 2016	14	6	8
			Total	375	202	142

					No. of
	Ward		No. of	No. of Male	Female
Date of Training	No.	Name of Open Space	Participants	Participants	Participant
29th October 2016	Ward 1	Balmandir and Narayan Chaur	24	15	10
9th November					
2016Ward 5		Sanogaucharan	29	20	(
19th November					
2016	Ward 3	NA	20	7	13
26th November	Ward				
2016	11	Rangashala	33	9	24
3rd December 2016	Ward 7	Siphal Ground	23	16	-
	Ward				
13th January 2017	35	Tinkune	34	29	(
21st Janujary 2017	ward 6	Hyatt ground	39	19	20
24th January 2017	Ward 4	Shankhapark	24	19	1
		Bhrikutimandap,balmikibidya pit,			
		rastriyasabhagriya, pk campus,			
27th February 2017	ward 31	rastriyapragyapratisthanratnapark	34	14	2
	then				
	ward 29				
15th March 2017	now 26	Social Welfare Council	26	11	1
	Ward				
18th March 2017	16	Balaju-MaharjgunjRingroad	19	17	:
	Ward				
25th March 2017	14	Kalanki-BalkhuRingroad	29	2	2
		Grand total	332	169	150

Date of Event	Ward No.	Name of Open Space	Event Name	Approx. No. of People Reached	Youth Involved
		Balmandir and Narayan			
5th November 2016	Ward 1	Chaur	Cleaniness event	400+	3
			Football to aware		
12th November 2016	Ward 5	Sanogaucharan	Open Spaces	500+	3
	Durbar		Social Event to		
	Margh		aware about open		
16th December 2016	(Sherpa Mall)		spaces	650+	5
			Football to aware		
31st December 2016	Ward 7	Siphal Ground	Open Spaces	600+	7
		Kehsar Mall	Mural Art	1000+	3
			Rally and football		
			match to aware		
11th February 2017	Ward 6	Hyatt Ground	about open spaces	600+	21
		BhatbhatiniMahargunj			
26th Feb 2017	ward 3	(Near to shankhapar)	Awareness stall	682+	
		BhatbhatiniNaxal (Near to			
17th Feb 2017	Ward 5	Sanogaucharan)	Awareness stall	700+	
2014 5 4 2047		Baneshworchowk (Near to	A	000.	
28th Feb 2017	ward 10	tinkune)	Awareness stall	900+	
3rd March 2017	Ward 31	Newroad	Awareness stall	1000+	
6th March 2017	ward 31	Ratnapark	Awareness stall	1200+	
9th March 2017	ward 11	Civil Mall	Awareness stall	1000+	
20th March 2017	Ward 16	Sorakhutte	Awareness stall	800+	
27th March 2017	Ward 13	Kalimati	Awareness stall	1000+	
28th March 2017	Ward 26	Thamel	Awareness stall	1000+	
30th march 2017	ward 14	kalanki	Awareness stall	600+	
10th April 2017	Ward 8	Pashupati temple	Awareness stall	500+	

Sexual and Reproductive Health and Rights (SRHR)

Reaching out young minds (ROYM)

Sexual and Reproductive Health of youths is central to their well-being and development; Reaching Out Young Minds is a one-day workshop on Sexual and Reproductive Health and Rights (SRHR) issues which is delivered among adolescents and youths. The workshop sessions cover specific topics like family planning, safe sex, use of contraceptives and safe abortion. The participants are oriented and sensitized about the above topics in a very interactive way. Sessions are delivered through presentation, discussion, demonstration, games and case studies. This program aims to increase the knowledge on SRHR issues which will further improve their service seeking behavior and lead to better reproductive health of youths.

- September 10, 2016, Kathmandu: Workshop on SRHR in Nobel College at Sinamangal, Kathmandu
- September 8, 2016, Lalitpur: Workshop on SRHR among the interns and volunteers at YUWA.
- December 3, 2016: Workshop on SRHR among Kathmandu Rotaractor who are studying in different public health colleges
- December 12, 2016: One-Day workshop on Sexual and Reproductive Health and Rights at Asian College, Satdobato, Lalitpur.
- December 25, 2016: Orientation session on SRHR and Youth.
- February 24, 2017: Workshop on SRHR among members, staffs and interns of YUWA
- April 24, 2017: ShreejanshilJeewan rehabilitation center, Thankot.
- July 23, 2017: Amar Adarsha Higher Secondary School, Baglung



YALC CSE session conduction:

Youth Activists Leadership Council is group of 10 youth activists who contribute for advocacy and sensitization on SRHR issues and engage in their own capacity building as well. YALC has been working on advocacy of Comprehensive Sexuality Education and its' implementation in school from grass-root to national level. As a part of it, the members of YALC conducted CSE sessions among school adolescents for orienting about CSE and conduct peer education programs. It includes session on components of CSE and how can it be implemented or delivered.

- 2nd September 2016- Bernhardt Higher Secondary School
- 25th September2016-Green Lawns School, Balkhu.
- October 20, 2016 Greenland School
- 30th November 2016- Emmanuel School
- !4th and 15th March: Comprehensive Sexuality Education among 24 women from four districts namely Udhaypur, Dolakha, Kathmandu and Kavrepalankchowk.
- July 26th, 2017: New Kibou Boarding School in DhadingBesi
- January 15, 2017, Sukedhara: adolescents, living at Creating Possibilities Nepal.
- January 18, 2017, Banke: ABC Residential High School, Nepalgunj, Banke



Khulla Aakash:

KhullaAakash is an open discussion under the open sky which is conducted among the youths to bring out the youth issues and problems which are less talked or shared about in the open. In this discussion, a moderator facilitates the discussion, where every participantshares their views on the issue and look for probable solutions and are determined to implement the solutions. This program is very effective to discuss about youth Sexual and Reproductive Health problems which are not discussed openly and easily which further aggravates the problem. So, KhullaAakash brings out those issues and help find realistic solutions to it.

- September 25, 2016: Green Lawns School, Balkhu
- September 2, 2016, Lalitpur: KhullaAkash on menstrual Discrimination-Myth or fact Youth Perceptions
- November 15, 2016, Dang: "KhullaAkash on 16 Days Activism against Gender Based Violence" at Chainpur, Dang
- February 14, 2017: KhullaAkash on Same sex love and relationship



YUWA Annual Progress Report August 2017 – August 2018

HIV Micro Project

HIV Micro-Project is a half-day session on HIV& AIDS, its causes, modes of transmission, prevention, treatment process, service delivery points, mitigating measures for stigma and discrimination associated with it. This session intends to inform the key population and help them in make decisions to prevent harmful practices and behaviors and reduce stigma and discrimination related to it.

- November 14, 2016- Buddha JyotiH.S.School, Gadhawa, Dang
- Dolakha, December 12, 2016: among the community people living in Surelbasi



Micro-Health Project on Menstrual Hygiene Management

Micro-Health Project on Menstrual Hygiene Management is a half-day session focused on Menstrual Hygiene Management. The content in this session was designed in a more inclusive way as males should also be aware about the process of menstruation and their roles during menstruation. This session covers different topics like puberty, menstrual cycle, health and hygiene, Urinary tract infection (UTI) and other infections, sanitary products and its management, social stigmas and measures to speak out and men's role in menstruation. The session is delivered through different methods and media like lectures and discussions.

- August 20, 2017: Menstrual Hygiene Management among adolescents of Prabina Foundation Hostel.
- July 26, 2017: Menstrual Hygiene Management Advance Academy in DhadingBesi.
- June 2, 2017: Sanitation and Hygiene for Everyone' Shantinikunja Secondary Basantapur.



Sexuality Workshop

Sexuality Workshop is a one-day workshop that helps them learn and discuss about basic concept of sexuality and its aspects. The workshop covers different components of Comprehensive Sexuality Education like Gender, Sexual and Reproductive Health, Sexuality,

Sexual Rights, Violence, Relationships and Diversity. The participants are briefly oriented about these components through videos, games, case studies and presentations. The discussions are more focused on understanding sexuality.

- November 20-22, 2016, Dhulikhel: three days' residential workshop on
- February 11, 2017: Open call
- June 2, 2017: among female participants (open call) YUWA
- January 14, 2017, Jorpati: Stupa College
- January 17, 2017, Nepalgunj: Madhyapaschim Multiple Campus, Nepalgunj, Banke.
- August 27, 2017: Sexuality Workshop among public health students of National Open College, Sanepa, Lalitpur.



Course on Gender and Sexuality Studies

Centre for Gender and Sexuality Studies, one of the research units in YUWA conducts a course on Gender and Sexuality Studies biannually. This course is a 12-hour course which covers many topics such as Gender and its intersectionality, Sexuality, Patriarchy, Feminism and its importance among youths. Participants from diverse academic background may enroll for this course. The sessions are delivered by experts and professional in gender and sexuality. The main purpose of this course is to sensitize youths about the issues of gender and eventually create a gender balance in the society.

• July 22nd and 29th, 2017: Gender and Sexuality Studies at YUWA



Mental Health

Mental Health Project was funded by Australian Volunteers for International Development Grant which was implemented to mark the theme of World Health Day focused on mental health. According to the project, two sessions of mental health training was conducted among disabled youths and adolescents. Besides, 1000 copies of brochure on mental health and a video for mental health awareness was developed and produced.

- February 2017: Mental health research
- April 9, 2017: at National College, Baluwatar
- April 7, 2017: at Blind Youth Association Nepal (BYAN)



Project Right Here Right Now (RHRN):

The Strategic Partnership Right Here, Right Now (RHRN) addresses the limited respect, protection and the hindered fulfillment of the sexual and reproductive health and rights (SRHR) of young people in 10 countries in Africa, Asia and Latin America and in 1 sub-region, the Caribbean.

The RHRN platform in Nepal, known as Sweekar, consists of 15 civil society organizations, including, YUWA, which is serving as the platform secretariat will be conducting advocacy at national level on comprehensive sexuality education, safe abortion and same-sex marriage.

- October 23-27, 2016: National strategizing workshop
- November 17-19, 2016: Country Proposal Workshop-Grand Norling Hotel, Kathmandu
- May 22nd 26th 2017: Integral to RHRN strategy is linking and learning between national platforms and between national and regional/international spaces



Accomplishments of program under RHRN during the last Five month

Country: Nepal Reporting period: 1st March 2017- 30 August 2017 **Summary of progress**

1. Steering Committee (SC) Meeting

Five SC meetings were conducted during this reporting period. The SC meetings were conducted on 28th March, 3rd May, 19th May, 30th May and 3rd July. The key decisions like schedule finalization of the country planning workshop, operational plan finalization, selection of HLPF participants, regional forum preparation, celebration of world population day and addition of activities to link district level advocacy work into a national advocacy in the operational plan was made.

2. Asia Pacific Forum on Sustainable Development (23-31 March, 2017)

Five platform members represented RHRN Nepal in APFSD Youth Forum which was organized by ARROW. From the five, two were selected for the CSO forum and the APFSD main event. At APFSD, RHRN Platform Member Amit Timilsina had an opportunity to deliver the opening statement which was a great success and a reflection of meaningful youth participation.

3. Country planning workshop (17-21 April, 2017)

The country planning workshop was focused on refining the country proposal that was developed earlier. Also, 2017's operational plan and budget were drafted by the platform members in close coordination with Rutgers and ARROW. The draft operational plan was again finalized through the maximum inputs of platform member as well as a steering committee. The operational plan was approved by Rutgers and ARROW on 19th of July, 2017.

4. Consultation workshop for the development of Shadow Report for HLPF (25th June, 2017)

Beyond Beijing Committee organized the National Consultation workshop on ' Mainstreaming Gender Equality in SDGs in Nepal with the support of Right Here Right Now, Plan International, VSO-Nepal, UN Women and Because I am a girl. After the YUWA Annual Progress Report

August 2017 – August 2018

consultation, position paper and call for action on SDG 5 was developed and distributed among different stakeholders.

5. World Population Day Celebration (9th July, 2017)

On the occasion of World Population Day 2017, RHRN Nepal supported the Ministry of Population and Environment by printing 90 T-shirts with the population day theme. National coordinator also chaired as discussant of paper called 'Family Planning in Nepal: Status Analysis', where he highlighted the importance of disaggregated family planning data on adolescent and young people.

6. High Level Political Forum (16-19 July, 2017)

Two platform member represented RHRN Nepal in the HLPF. Platform member, Medha Sharma intervened on the VNR presentation of Nepal, Luxembourg and Brazil. She asked the respective country government about the participation of their citizens in the overall process of the SDGs.

7. Platform Meeting

Two platform meetings were conducted during this reporting period. The first platform meeting was done in the sideline of country planning meeting (21st April, 2017) where implementers of the operational plan and major budgetary agreement were done. The second platform meeting was conducted on 12th of July, where mutual agreements and RACI was finalized. The second platform meeting was attended by 11 platform organizations.

8. International Youth Day Celebration

Under RHRN program, AYON Nepal celebrated the International Youth Day 2017 by organizing a panel discussion on Role of youth in SRHR: Capacities and Challenges to tackle issues regarding CSE, LGBTIQ & Safe Abortion (SRHR) on August 12, 2017

9. Gay Pride rally

On August 8, Federation of Gender and Sexual and Gender Minorities (FSGMN) conducted a gay pride rally in Kathmandu

Other Programs under SRHR

- Kathmandu, December 20-21, 2016: national consultation on eliminating violence against women organized by Women's Rehabilitation Centre (WOREC) in partnership with other various organizations such as Plan International, Urgent Action Fund, Due Diligence project
- Baneshwor, December 8, 2016: Participation on National Consultation on Climate Justice and Sexual and Reproductive Health and Rights
- Kathmandu, December 29, 2016: Participation on Agent4Change Celebration
- Kathmandu, Nov 25- Dec 10, 2016: 16 Days Campaign against Gender based Violence
- February 5th, 2017: conducted intergenerational talk with Nanda Man Sthapit on
- 7th, 8th and 9th March: 3
- days' orientation sessions were conducted on "Breaking Silence" on Menstrual Discrimination and Stigma.
- 9th August 2016. YUWA in collaboration with Asia Pacific resource and research center for women and Loom Nepal conducted campaign marking International Youth day.

Sexual Reproductive Health and Rights datas

			Total		
Program	Name of Program	Date	Participants	Male	Female
		14 th November			
Micro Project	HIV Micro Project	2016	39	21	18
	KhullaAkash on 16 days of				
KhullaAkash	Activism on GBV	15 th November 2016	25	0	25
		20 th -22 nd November			
Sexuality Workshop	Sexuality Workshop at Dhulikhel	2016	25	5	20
	16-Days of Activism at Texas				
16 Days of Activism	International College	30 th November 2016	35	17	18
Sexuality Workshop	One-day Workshop on Sexuality	3 rd December 2016	21	5	16
International Day					
Celebration	World AIDS day 2016	1 st December 2016	153	64	89
16 Days of activism	Self Defense Training at				
against GBV	Manohara School	9 th December 2016	35	15	20
Micro-Project	HIV Micro Project	13 th December 2016	39	20	19
	One-Day workshop on Sexual				
	and Reproductive Health and				
ROYM	Rights at Asian College	12 th December 2016	33	13	20
	Orientation session on SRHR				
ROYM	and Youth	25 th December 2016	22	5	17
	Intergenerational Talk with				
Intergenerational Talk	Nanda Man Sthapit	5 th February 2017	17	9	8
	Sexuality workshop: Let's talk				
Sexuality workshop	about sexuality	11 th February 2017	16	4	12
	KhullaAkash on Same sex love				
KhullaAkash	and relationship	14 th February 2017	26	7	19
SRHR and CSE training	SRHR and CSE training	24 th February 2017	14	5	(
-	Breaking Silence on Menstrual				
Orientation Program	discrimination and Stigma	7 th - 9 th March 2017	130	0	130
Workshop on					
Comprehensive	Workshop on Comprehensive				
Sexuality Education	Sexuality Education	14 th -15 th March 2017	24	0	24
Workshop on Mental	Workshop on Mental Health	7 th April 2017	7	5	2

YUWA Annual Progress Report August 2017 – August 2018

Health	entitled 'Yuwa Ra				
	ManasikSwaasthya' among				
	visually impaired youth				
	Workshop on Drug Abuse and				
	HIV&AIDS at Shreejanshil				
ROYM	Rehabilitation Centre	24 th April 2017	15	15	0
Workshop on 'Sex and	Workshop on 'Sex and Sexuality'				
Sexuality'	among female youths	2 nd June 2017	8	0	8
Micro-Health Project on					
Menstrual Hygiene	Sanitation and Hygiene for				
Management	Everyone (sHe)	2 nd June 2017	49	20	29
	Reaching Out Young Minds on				
	HIV and AIDS among youths of				
ROYM	Baglung	23 rd July 2017	28	17	11
	Micro-Health Project on				
	Menstrual Hygiene				
Micro- Health Project	Management	26 th July 2017	28	12	16
Workshop on	Workshop on Comprehensive				
Comprehensive	Sexuality Education among				
Sexuality Education	adolescents of DhadingBesi	26 th July 2017	24	13	11
Course on Gender and	Course on Gender and Sexuality	22 nd and 29 th July			
Sexuality Studies	Studies	2017	18	5	13
	Micro-health project on				
	Menstrual Hygiene				
Micro-health project	Management				
		20 th August 2017	27	10	17
		Total	890	296	594

Economic Initiation and Innovation

Commencing activities

YUWA envisions to work with youth to foster their economic initiation and promote their innovation to help them become potential entrepreneurs. To give a start up to this thematic area, executive board decided to allocate an amount of funds so that programs can run under this thematic area. Dharma Raj Ghimire and Carolyn Halliday are leading this thematic area with a work plan. Carolyn Halliday was an Australian Volunteer for International Development(AVID) and worked as a program development officer at YUWA. Ms. Carolyn Halliday was welcomed YUWA for the very first time on 23rd of May, 2016. She was the Volunteer for YUWA till May 2017.

Project Grassroots Innovation for Transformation (GIFT)

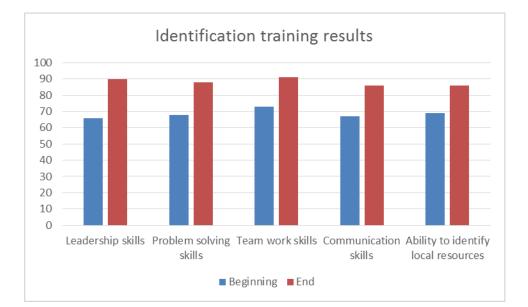
Project "Grassroots Innovation for Transformation"(GIFT), a project previously designed by YUWA but not yet implemented, was analyzed and revised by the team. The project cycle covers four 'Is': Identification, Initiation, Implementation and Innovation; fostering greater participatory approach. Identification phase offers workshops to youths to identify their available local resources and understand pressing issues in their community. This funding application not successful.YUWA applied for the Global Youth Empowerment Fund for Project GIFT. YUWA successfully won the project after competing with many other projects from different countries.

September 24th-25th, 2016, Sindhuli: Project GIFT, Grassroots Innovation for Transformation, launched in Sindhuli district this month. The project commenced the first phase, Identification, by selecting the participants of the project. Through a partnership with YSP as well as online applications, 36 participants were selected to participate in the yearlong project. Participants are all youths aged 1529 from the Sindhuli district. Approximately 70% of the participants are female. Minority groups are also well represented in the cohort. The ethnic diversity was as: Dalits 17.5%, Indigenous :55 % and Brahmin and Chhetri 27.5%



YUWA Annual Progress Report August 2017 – August 2018 Identification workshop

The first workshop of the Project occurred in Sindhuli on 24 and 25 September. The workshop was delivered by Mr Dharma Ghimire, MsMuna KC, MrBisamGyawali and MsRojeenaManandhar. The outcomes were achieved, with an average 22% increase in the skills if participants over the two days. On average leadership skills increased by 26%, problem solving skills by 23%, team work skills by 19%, communication skills by 23% and ability to identify local resources by 20%.



Initiation Training:

26 November, 2016, KhurkotSindhuli: YUWA conducted a one-day Initiation workshop with the program participants of project GIFT. The workshop was delivered by Mr Dharma Ghimire, MsNubhishaUpreti, Mr Rana Bahadur Karki from MEDP and supported by Ms Carolyn Halliday. YUWA partnered with MEDP to deliver the training. The participants had developed innovation ideas during the previous stage of the project and the Initiation training aimed to provide the participants with the skills to develop these ideas into a business plan.

Youth Innovation Fund

November also saw the launch of the Youth Innovation Fund. The Youth Innovation Fund was an initiative under Project GIFT that aims to improve livelihoods by promoting income-generating activities amongst youth in Nepal. By supporting innovation ideas of project participants through monetary grants, YUWA aimed to create employment and income-generating opportunities for youth. Youth innovators who were participating in Project GIFT can apply to the Youth Innovation Fund for a grant of up to USD500 to be used towards establishing or furthering their innovation business

Implementation phase of project GIFT

23rd – **26**th **March, 2017, Sindhuli:** Implementation phase of project GIFT has been started with shortlisting of Youth Innovation fund winnersYUWA conducted feasibility study of Youth Innovation Fund (YIF) in Sindhuli this month. Mr. Dharma Raj Ghimire, general secretary of YUWA and Mr. Sabin Rimal, general member of YUWA observed the possibilities, challenges and opportunities of YIF winners individually by studying their home environment and their community. There are three young YIF winners named Mr. Janak Bahadur Ramtel (cattle Rearing), Miss SitaKumariKingring (Dhaka sewing/handicraft) and Mrs. Dena Koirala (vegetable farming) from different rural municipality of Sindhuli.

YUWApreneurs:

25th March, 2017, Sindhuli: YUWA also conducted a one-day Yuwapreneurs workshop with the participants of Sunkoshi municipality, Sindhuli. The workshop was delivered by Mr. Dharma Ghimire and Mr. Sabin Rimal. We also had Mr. SibjanChaulagain, a social entrepreneur who supported in the workshop. The participants had developed innovation ideas during the workshop and develop those ideas into a business plan by using business canvas model.



May 19, 2017 Kathmandu:YUWA in partnership with ISAP conducted Panel discussion where aspiring, small scale and commercial entrepreneurs gain insights from market pundits and service providers to address specific challenges they face in their interested field of entrepreneurship. The program was focused on the available options of Finance, Insurance and Subsidies for a Agro-enterprise, along with addressing difficulties while accessing those services. The panelist for the program were Ms. SangitaSapkota from RastriyaBanijya Bank, Mr. LokBahdurKhadka from Youth and Small Entrepreneur Self-employment Fund, Mr. Udit Prasad Kafle from Shikar Insurance, and Mr. Basu Dev Kafle from Ministry of Agriculture Development as our panelist of the event. There was an active participation of 150+ aspiring and current entrepreneurs, students as well as cooperatives and social organizations, working to nurture the entrepreneurial ecosystem of Nepal.

22nd May 2017 Kathmandu: Project GIFT is in the implementation phase and 3 Youth Innovation Fund winner are provided seed money. YIF winner already started implementing their business idea into action with this seed money. Project GIFT has been accomplished in the month of August. It has successfully completed various phases and activities that aimed to produced young entrepreneurs in rural part of Sindhuli. This project produced 3 young innovators in Sindhuli district. *The project GIFT of YUWA which empowered marginalized youth in Nepal to find innovative solutions to community challenges also featured in JCI Summit 2017.*

Sustainable Development Goals (SDGs)

The Sustainable Development Goals (SDGs), officially known as Transforming our world: the 2030 Agenda for Sustainable Development is a set of 17 "Global Goals" with 169 targets between them. Spearheaded by the United Nations through a deliberative process involving, it has 193 Member States under its wing. The Thematic Area of Sustainable Development Goals of YUWA strengthens to create youth leaders and orient youth on SDGs as youth are important agent of change to achieve SDGs by 2030. The hordes of activities and initiations relative to the SDGs helps to make youth know and realize that SDGs are achievable.

- 12 September, 2016 Lalitpur: YUWA"s President Mr. Amit Timilsina and Vice President Mr. BisamGyawali visited AYON (Association of Youths of Nepal), Jwagal for the request of joining the SDGs Youth Alliance Nepal, a coalition where youth organizations and youth networks work for achieving the global goals by 2030. The very day, YUWA was a part of the alliance.
- 16 September, 2016 Lalitpur: SDGs Youth Alliance Nepal organized a Youth Consultation program on SDGs (Sustainable Development Goals) at Pasa Yard, Patan. The consultation program saw a presence and participation of 26 dynamic youths of different sectors. The program kicked off with a small introduction of YUWA, and then discussion programs on different set of goals among the 17 goals. General Member of YUWA, Mr. Bishistha Rai was one of the participant representing YUWA where as Mr. BisamGyawali was the facilitator for the day along with a representative from Y-PEER as a co-facilitator.
- **20 September, 2016 Lalitpur:** A meeting of Youth Alliance members took place at AYON, Jwagal regarding the reflection upon the Youth Consultation program on SDGs that took place on September 16th, 2016 at Pasa Yard, Patan. Also, on September 22nd, 2016 there was a discussion held of what content to incorporate in the speech to be presented in the High Level Dialogue Program being conducted, where the outputs of the youth consultation program and the recommendations made by the youths in the consultation were agreed to be assimilated in the speech. The speech was to be presented by one of the member from the alliance itself.
- **22 September, 2016 Kathmandu:** One of the largest civil society and stakeholders' gathering on "High Level National Dialogue on the Agenda 2030 for Sustainable Development," took place at Alfa House Banquet, New Baneshwor, Kathmandu. Association of Youth Organizations Nepal (AYON) was one of the co-organizers of this grand event, and presented on Youths issues of SDGs reflecting the views and opinions generated in the youth consultation program organized by SDG Youth Alliance, Nepal. Mr. Amit Timilsina, president of YUWA attended the gathering.

- 24 October, 2016 Nepalgunj: The 71st UN Day celebration was celebrated in Banke with the concept of Sustainable Development Goals (SDGs) "Digo Talks". The program was conducted in coordination with different governmental bodies such as the UN agencies present in Nepalgunj and local youth groups. Almost 100 youths from different youth organizations were present in the program. Vice President of YUWA, Mr. BisamGyawali was invited to facilitate a session related to Youths and SDGs, where he conducted a 2 hours' session, which included discussions, brainstorming, exercises and group works.
- 11 December, 2016 Kathmandu: YUWA in collaboration with Sherpa Education Center conducted an awareness workshop in Bouddha on Sustainable Development Goals called "Digo Talks" with 18 energetic and dynamic youths of Everest region, where the participants got an opportunity to garner knowledge about every 17 SDGs, their importance and possible roles that youths can play in order to achieve these goals. The workshop was conducted in Mendo café, Tusal. Mr. BisamGyawali, Vice President of YUWA facilitated the workshop.



- **7 February, 2017 Kathmandu:**Digo Talks, an awareness workshop on Sustainable Development Goals (SDGs) was held at Santwona College, Tinkune, Kathmandu. There were a total of 20 participants, who got an opportunity to know about Sustainable Development Goals, the national and global scenario related to each goals and what youths can do to support the implementation of these goals. YUWA's and United Nations Population Fund (UNFPA) Nepal's SDGs Booklet "My SDGs My Responsibility" e-copy was used as a media by Mr. BisamGyawali and Ms. SurakshyaDhungana in order to inform the students about the global goals.
- **11 February, 2017 Kathmandu:** YUWA in collaboration with Rotaract Club of Reliance conducted another "Digo talks", an awareness workshop on the Sustainable Development Goals (SDGs) at Chabahil. There were a total of 17 participants who showed keen interest in the SDGs taking active participation in all the activities that was done. The workshop was conducted by Mr. BisamGyawali and Ms. SurakshyaDhungana. Also pre and post-test surveys were done along with the evaluation of the speakers.
- 21 March, 2017 Kathmandu: Marking the World Social Work day, YUWA's intern from St. Xavier's College, Ms. Saru Ghimire organized a talk show on Sustainable Development Goals (SDGs), where Mr. BisamGyawali, Vice President of YUWA along with Assistant Country Representative of UNFPA Nepal, Mr. BijayThapa facilitated the sessions. Mr. Thapa facilitated the session related to MDGs and SDGs, whereas Mr. Gyawali delivered his session related to facts and figures regarding the 17 goals worldwide and in Nepal along with the roles of Social work students and youths of Nepal in the implementation of SDGs along with opportunities available for youths to involve in SDGs. There were 120+ students as participants and the program was organized at St. Xavier's College.
- 24 March, 2017 Banke: YUWA in collaboration with BAS (BageshworiAsalSashan) Club conducted a one-day workshop on awareness of SDGs "Digo Talks" with 21 enthusiastic participants of Nepalgunj of different backgrounds. The sessions were facilitated by Mr. BisamGyawali, Vice President at YUWA and Mr. Satish Pandey, Project Coordinator of Social Cohesion and Democratic participation program (SCDP) UNDP, Banke. The participants got an opportunity to garner different knowledge on Sustainable Development Goals, the roles of youths in it and how these goals can be mainstreamed in the community. Pre and Post survey were also filled by the participants about their awareness of SDGs goals and implementations.
- 8 April, 2017 Rupandehi: YUWA in collaboration with Youth Alliance Network -YAN, Nepal conducted "Digo Talks", an awareness workshop on Global Goals for Sustainable Development with 22 energetic youths of Rupandehi, Butwal. SDGs' Booklet of YUWA and UNFPA Nepal entitled 'My SDGs My Responsibility' was used as a teaching and learning tool whereas IEC materials like Pocket

notebooks were supported by UNDP Nepal. Mr. BisamGyawali, Vice President at YUWA facilitated the workshop.

- **10** April, **2017** Kapilvastu: YUWA in collaboration with District Youth Network of Kapilvastu conducted "Digo Talks", an awareness workshop on Global Goals for Sustainable Development with 21 dynamic youths of Kapilvastu at Mahuri Home, Taulihawa. The SDGs Booklet 'My SDGs My Responsibility' of UNFPA Nepal and YUWA was used as a facilitation tool for better understanding of SDGs, role of Youths and more. Vice President of YUWA, Mr. BisamGyawali facilitated the workshop, where as President of District Youth Network- Kapilvastu, Mr. Dilip Yadav also delivered a session on commitments of youths of Kapilvastu with regards to SDGs.
- 25 April, 2017 Lamjung: YUWA in collaboration with Nepalese Youths for Climate Action (NYCA) Lamjung and Clean Energy Nepal (CEN) conducted "Digo Talks"- An Awareness workshop on Sustainable Development Goals (SDGs) with the 23 energetic and enthusiastic participants/students of Institute of Agriculture and Animal Science (IAAS), Sundar Bazaar, Lamjung. The SDGs Booklet 'My SDGs My Responsibility' of UNFPA Nepal and YUWA was used as a facilitation tool for better understanding of SDGs, role of Youths and more. Vice President of YUWA, Mr. BisamGyawali and Program Officer of Active Citizenship of YUWA, Mr. SulabBaral facilitated the workshop.
- 20 May, 2017 Kathmandu: YUWA conducted a one-day workshop "WE for Our 17" with 21 female participant of various backgrounds in Mega College. With the main objective to orient potential female leaders on SDG and mobilizing them for further advocacy. These sessions were facilitated by Mr. BisamGyawali on introduction to SDGs, Mr. Amit Timilsina on advocacy on SDGs at national and international platform, Mr. Dharma Raj Ghimire on VNR process and HLPF process, Ms. SurakshyaDhungana on need and role of female in SDGs. The special remarks were made by country representative of UNFPA Mr. BijayThapa. Participants prepared work plan to advocate on SDGs and implementing their action plan within six months of period.
- 19 May, 2017 Kathmandu: SDGs Youth Alliance Meeting was held at AYON Nepal to discuss preparations for Youth Responsive National Voluntary Review and Indicators Framework. The discussion took place on the Youth progress and contribution on SDGs where General Member of YUWA, Miss SurakshyaDhungana who was one of the working group members with other 9 of them, highlighted the works done by YUWA on SDGs and the meeting ending with the formation of working group.

 25 June, 2017 Kathmandu: YUWA has translated the SDGs booklet in Nepali which was prepared and published by YUWA in partnership with UNFPA previously in English language. The name of the booklet is "दिगोविकासकालक्ष्यहरुमेरोजिम्मेवारी". It covers youth stories, facts and figures and also useful as a youth guide for Sustainable Development Goals. It also helps to promote youth participation and possible contribution in Global goals.



- 3-4 June, 2017 Rupandehi: Series of "Digo Talks" was conducted by Anju Bhattarai and Janki Pandey, graduate of "We for Our 17" in Belahiya Higher Secondary School, Bhairahawa Higher Secondary School and Shree RupandehiLilaram Higher Secondary School of Bhairahawa. Students were oriented about Sustainable Development Goals.
- 17 June, 2017: YUWA's graduate of "We for Our 17" Ms. PriyaSigdel conducted sessions on menstrual hygiene to female students of various school and oriented them about Sustainable Development Goals especially in Goal 3 (Good health and well-being), Goal 4 (Quality Education) and Goal 6 (Clean water and Sanitation).
- 5 June, 2017 Morang: Graduates of "We for Our 17" GarimaChaulagain and SmritiLuitel conducted "Digo Talks", one-day workshop to Secondary level students of Annapurna Higher Secondary School, Pathri, Morang. Students were oriented about Sustainable Development Goals and its importance. Students were also oriented on how they can contribute to achieve SDGs and their enthusiasm was commendable.

Centre for Youth Studies (CYS)

15th to 22nd March, 2017:YUWA conducted Centre for Youth Studies for its ninth batch. The 6 days' workshop started from 2pm to 5 pm everyday with 2 sessions. The sessions covered topics such as concept of youth by KanchanKharel, socio political issues and youth by SaugatGautam, human rights and youth related laws by Apurba KC, youth policy: national and global by Bhawana Bhatta, Intergenerational talk: entrepreneurship in Nepal with Laxmi Sharma and Jagriti Shrestha, Youth and SDGs by BisamGyawali, Youth led advocacy Ganesh Dhungana, CSE and Youth by Amit Timilsina, Communication and networking by Pradip Ghimire, Governance and Youth Dipesh Ghimire and Research methodologies by Shiv Raj Mishra.



Training and Opportunities

With the mission of empowering youth to strengthen their involvement and advocating for meaningful participation of youth at all levels, YUWA organized and took part in various trainings opportunities aimed at imparting information and instructions to improve the recipient youths' performance or to help him or her attain a required level of knowledge or skill and to become youth change pacers.



- 10 August, 2016 Philippines: Vice president of YUWA, Mr. BisamGyawali, who had gone to Manila, Philippines representing Nepal in the Asia Pacific Youth Exchange Program presented a project proposal related to Sustainable Development Goal 2 in a competition at the Asia Youth Forum, ADB Headquarter, Manila. Mr. Gyawali's project proposal got selected in top 3 presentations, and as a result he along with his 4 team members presented the project in Hanyang University, Seoul, South Korea in November, 2016.
- **22-24 September, 2016 Sindhupalchowk:** Mr. Khil Bahadur Thapa, Program Coordinator participated on three days residential training in Chautara organized by Good Neighbors Nepal (GNN) in collaboration with RedR India. There were altogether 20 representatives from OXFAM Nepal, World Vision International, Plan International, Shakti Samuha, Helvatus International and SEBAK including

YUWA Annual Progress Report

August 2017 – August 2018

YUWA. It was a great learning and networking opportunity among various International Non-Governmental Organizations working to build back Sindhupalchowk district.

- 1-2 September, 2016 Gorkha: Mr. SauravThapa Shrestha, Executive Member of YUWA participated in three days training on Community Based Disasater Preparedness (CBDP) organized by Unification Nepal in collaboration with RedR India at Gorkha. The training provided the detail information on how can communities be a part of Disaster Preparedness working in local level and build capacity among them to lead in the community.
- 1-2 October, 2016 Bhaktapur: A 2 days Global Conference of Nepalese Youths was organized by Ministry of Youths and Sports (MOYS), National Youth Council (NYC)- Nepal and NRNA in support of Search For Common Ground, VSO and Restless Development at Agriculture Development Bank, Bode. The Vice President of YUWA, Mr. BisamGyawali was selected for the conference and represented YUWA in it. The conference was regarding the Youth Entrepreneurship in nation's development along with Youth Vision 2025, Remittance and Migrant Youths and the Sustainable Development Goals (SDGs).
- 11-12 November, 2016 Nagarkot: Youth Initiative in collaboration with Restless Development and UNFPA organized content development workshop in Bhangeri Durbar Resort on promoting sustainable development goals involving young people from diverse background. It was a two days long residential workshop that was organized with the aim of aspiring development workers and community leaders to understand global agendas as well as develop academic and nonacademic content on SDGs. The main objective of that program was to develop manuals on 1) MTOT 2) DTOT and 3) district level training (for youth). MTOT was to be held at the central level focusing on facilitation skills, monitoring and also on the Result Based Management.
- 19 November, 2016 Kathmandu: The November calendar had set 19th November 2016 as the training for the ward 3 local youths under the Community Disaster Preparedness and Open Spaces Management Training. Total of 25 local youths of these wards attended the orientation/training regarding the Identification and Management of Open Spaces. The session started from 10 am to 5 pm, where sessions like Standard Operation Procedures (SOP), Disaster Risk Reduction (DRR) and Disaster Risk Management (DRM) were conducted. The training sessions were facilitated by the representatives from International Organization for Migration (IOM), YUWA, Om Hospital's former deputy director and Kathmandu Metropolitan City.
- **27-28 December, 2016:** YUWA was part of SDG TOT manual finalization process lead by UNFPA, Restless development and Youth Initiative. YUWA's President Amit Timilsina and executive member Miss Apurba K.C participated in the process and provided valuable suggestion and feedback on TOT

of manual. Dipesh Ghimire facilitated the session and around 14 organizations participated in the manual finalization workshop.

- 28 December 2016, YUWA: Carolyn Halliday, Program Development Officer at YUWA, ran a workshop on project development and proposal writing. The aim of the workshop was to increase skills in this area to give participants a greater chance of securing funding through grants. The workshop was attended by 17 youth from YUWA and other organizations.
- 22-23 January, 2017 Kathmandu: YUWA's General member, Mr. Bikram Bucha participated in two days' workshop "Preventing and responding to Gender Based Violence through innovation and behavior change" conducted by Ujyalo Foundation supported by Australian Aid. This was a capacity building workshop. Members, interns and volunteer at YUWA were encouraged through capacity building training and workshops.
- 26 January, 2017 Pulchowk: YUWA participated in the meeting organized by Alliance for Women in Nepal at UNAIDS office to plan for a day long program in solidarity to all women who were discriminated on the basis of gender and unfriendly policies at the national and international level. There were different organizations participating in the meeting working for the dignity and rights of women and youth under different issues such as sexual and reproductive health and rights, HIV and AIDS, female sex workers right and young key affected populations in Nepal.
- 7th to 9th February, Bhaktapur:Mr. SulabBaral, Program Officer of Active citizenship was invited to the training on Camp Coordination and Camp Management Training (CCCM)organized by International Organization for Migration to enhance the capability and smooth functioning of the project IMOS. YUWA's Intern Mr. UjjwolBudhathoki had also accompanied Mr. SulabBaral in the training.
- **23 February, 2017 YUWA:** 20 interns from different colleges were oriented on the use of mail and MS word as it being important part of any official process. The session was conducted by Ms. Carolyn Halliday making the interns aware about the do's and don'ts and other features that could be handy in the future. They were given information about the different techniques of using this software.
- **27 February, 2017:** Ms. Sajja Singh, general member of YUWA shared her view as panelist in access to SRHR service by youth on Interaction Program with parliamentarians on SDG- 3 organized by National Forum on Parliamentarian's on population and Development (NFPPD) and UNFPA. She shared panel alongside Dr. Sharad Sharma (Family Health Division), TusharNiraula (Marie Stopes International), Hari Karki sir (UNFPA) and Amu Singh Sijapati (Family Planning Association Nepal).

- 10 March, 2017: YUWA arranged mental health training which was attended by a collection of YUWA staff, members, executives and interns. The goal of the training was for YUWA to become more accessible for youths with psychosocial disabilities, and for staff and members to be equipped to deliver peer-to-peer mental health training in the future. The training was attended by 13 people and was held at Around the Corner, Bansbari. The training was delivered by psychosocial professionals from Transcultural Psychosocial Organization (TPO Nepal). The facilitators were Mr. Anjan Kumar Dhakal, Clinical Psychologist and Ms. Renasha Ghimire, Psychologist.
- 23-31 March, 2017: President, Mr. Amit Timilsina participated in Pre youth forum on sustainable development (23rd March), Civil Society's organization forum on sustainable Development (26th March) and participated in Asia Pacific Forum on Sustainable Development (29th March) that was organized in Bangkok, Thailand. Amit Timilsina delivered opening statement on 29th March 2017on behalf of youth of 40+ countries of Asia Pacific. He mentioned about the work done by YUWA in youth issues, SRHR and SDG at regional platform which was highly appreciated by international and national organization and delegation present in forum.



• **11 April, 2017:** Ms. Carolyn Halliday, Program Development Officer, provided YUWA staff and executives with training on monitoring and evaluation (M&E Training). The training orientated participants to what monitoring and evaluation was and its importance. The training helped the participants to commence developing monitoring and evaluation plans for the organization.

- **13 April, 2017:** Ms. Carolyn Halliday, Program Development Officer at YUWA, ran training on project development. The 25 participants learnt about the project lifecycle, how to identify problems and design solutions, as well as gaining tips for proposal writing.
- 12-13 April, 2017: RUTGERS organized 2 days' capacity building session on Grant management to build capacity of YUWA and CDA Pakistan was held at YUWA office. YUWA hosted capacity building training where RUTGER's Zaire Van Arkel (Regional Program Manager Asia) and Tamara Smith (Finance officer) facilitated session. YUWA's SWOT analysis on grant management was made and on its basis capacity building trajectory was made.
- 7-10 June 2017 Kathmandu: Training on "Disaster Prevention Education awareness for schools" was conducted by various organizations such as City net Yokohama, Plus arts and Jica. This training was one of the components of the project where the focus is on its activities on disaster prevention and risk reduction topics. Thus, the training was intended to build the capacity of school teachers and staff on providing practical disaster prevention techniques as well as raising awareness on dealing with post-disaster activities. In regards to this, Program officer at YUWA, Mr. Sulab Baral and Admin Assistant, Ms. Samikshya had joined in this training.
- 9-17 July, 2017 Malaysia: YUWA prepared its own Voluntary National Review(VNR) alternative report with LOOM supported by ARROW as an advocacy of CSOs in related Sustainable Development Goals in which YUWA works. It was the part of internship program hosted by ARROW in Malaysia which represented by Dharma Raj Ghimire. Mr. Ghimire attended various consultations regarding preparing VNR organized by various CSOs of Nepal. YUWA represented various consultations of CSOs and also worked on youth and SDGs mapping invited by National Planning commission.

Celebrations

International Peace Day Celebration:

29th August, 2016, Kathmandu: YUWA and SFCG partnered for the International Peace Day, celebration which took place on 21st September. YUWA has taken the responsibility of conducting a Flash Mob through which a peaceful message.

Teej Celebration:

2nd September, 2016, YUWA: The executive members of YUWA, few previous executive board members, co-founding President of YUWA, interns, volunteers and general members gathered together to celebrate Teej. The current staffs of YUWA and some volunteers cooked various delicacies and treated the YUWA family in this auspicious occasion. This program gave a chance for the new interns and volunteers to know about the YUWA family members as well.

Dashain Celebration/ ChangaChait:

October 6, 2016, Pulchowk: YUWA conducted a "ChangaChait" as well as Dahsain Fellowship program among its valuable co-founders, past executives, current executive, members, interns and volunteers including the YALC members on the auspicious occasion of "BADA DASHAIN 2073" where flying kites, delicious food and bingo were central of attractions following fellowship among the presented people.



October 30th, 2016, Lalitpur:

YUWA family gathered at YUWA, Pulchowk in the occasion of Laxmi Puja, where they worshiped the Goddess of wealth and performed the necessary rituals with hopes that YUWA will progress wealthily and happily in the upcoming days.

December 17, 2016: YUWA conducted facemeet in 3 shifts with 105 participants. Participant were oriented about YUWA, its function, activities, mission and vision, process of membership selection and other area where youth can contribute for YUWA. YUWA's president Amit Timilsina, General Secretary Mr. Dharma Raj Ghimire and executive member Miss Apurba K.C oriented participant whereas Executive member Miss NubhishaUpreti, General Members Mr. Jayram Nepali, Mr. Kamal GAutam and Mr. Sabin Rimal shared their experience.



YUWA 7th Anniversary Celebration:

December 31st, 2016, YUWA:YUWA celebrated its 7th Anniversary with co-founders, current executives, members and interns. The celebration ceremony commenced with a video showcasing the journey of YUWA till its 7th year. Co-founders and the current executives shared their experiences and journey of YUWA till date. Also, best Volunteer award was awarded to Mr. Ankit Man Singh, from Thames International College, Old Baneshwor.



Men's March 4.0

March 15th, 2017 Lalitpur: YUWA along with many other youth organizations successfully marked the international Women's Day by organizing a Men's March 4.0.The theme for this year was "**Be bold for change.**" Mr. Dharma Raj Ghimire and Mr. SauravThapa Shrestha along with volunteers represented YUWA in the march. The former Chief Justice<u>KalyanK</u>umar Shrestha joined the march and encouraged our work and activism. Youth leaders from various youth organization spoked about the roles and responsibility of men to create equality within their community for the women empowerment. All organizations showed their solidarity by taking part in Men's March. It was also highlighted and covered by various media and news agency like Kantipur TV and Ujjyalo Network.

Teej Dar Program

22nd August, 2017: On the occasion of Hindu Womens' biggest festival TEEJ, YUWA celebrated Teej Dar program at YUWA's office, Maharajgunj on 22nd August, 2017. Co-founders, Executives, Alumni, General members, staffs, interns and volunteers celebrated together with food, games, dance and other entertainments. All the female attendees for the Dar program received small gifts from YUWA.



YALC Retreat:

May 9th 2017:YUWA felicitated Youth Activists Leadership Council member 2016 with retreat and certificate distribution. President Amit Timilsina and general member Sabin Rimal reflected on contribution of YALC 2016 to YUWA and wished YALC member 2016 wonderful years ahead.



2nd Face Meet

23, July 2017, Kathmandu:YUWA had its second face meet of the year 2017. Face meet is the first step towards being a member in YUWA where 28 participants were oriented about YUWA's vision, mission, objectives, programs, activities and the team. Participants were also oriented about the roles and importance of membership including steps and process regarding membership. Forms and series of selection procedure has been sent to the registered participants of Face Meet. The Face Meet program was facilitated by General Secretary and co-facilitated by Members Mr. Kamal Gautam and Sulab Baral.

Local Level Election

YOUTH VOTE NEPAL

The YOUthVoteNepal campaign was collectively launched by 13 various youth organizations to carry out advocacy on youths' agendas during the upcoming local elections. YUWA along with other organizations representative from 30 different districts are constituents of the campaign: including Yuwalaya, AchelNatyaSamuha, GlocalKhabar, SaathiSangaManka Kura radio programme, We for Change, YAV Nepal, SirjansilSamaj Nepal, Youth Initiative, Active Youth Society, Jagriti Child and Youth Concern Nepal and Dynamic Youth Forum.

The campaign includes submission of memorandum to the different political parties and its stake holders. The list of parties in which YUWA submitted the memorandum are:

- 1. Naya Shakti Party- 7th April 2017
- 2. Election Commission- 7th April 2017
- 3. CPN-UML- 9th April 2017
- 4. Bibekshil Nepali-9th April 2017
- 5. Ministry of Women, children and social welfare- 11th April 2017
- 6. Ministry of Protection of Child Rights- 12th April 2017
- 7. National Youth Council- 12th April 2017
- 8. Nepal Democratic forum- 16th April 2017
- 9. CPN Maoist- 17th April 2017
- 10. Nepali Congress- 21st April 2017

International Youth Day 2017 Celebration

Rally to unite Youths

12th August 2017, Baglung: Marking International Youth Day, a rally was organized in Baglung where in 60 youths participated and showcased the unity of youths above all informed people about International Youth day. The rally was organized by YUWA in collaboration with various stakeholders such as District Youth Committee of Baglung, Youths of Baglung (Facebook group of youths of Baglung), Leo club of Kalika, Rotaract Club of Baglung.

The rally started in Tiger Chowk where the participants circled around BaglungChowk and chanted slogans. The collaboration of various youth's clubs for the conduction of the rally was the main outcome of the rally. The ideal and inactive clubs worked actively and the team was revived in them.



Speech Competition- Youth's role in building peace

12th August 2017- Followed by the rally the participants assembled in Hotel Rajan for the speech competition. The topic of the speech competition was "Youth's role in building peace". In total there were 15 participants representing individuals, schools and also from nearby districts. The contestants shared their strong insights through their voices. The winners of the speech competition were provided with Rs. 2000, to the second Rs.1500 and Rs. 1500 to the third.

Open Poem Competition

3rd August to 13th August 2017- Youths have ideas, voices in them and to showcase them they lack platform and there's YUWA to provide them. Realizing this and marking the International Youth Day, YUWA conducted open poem competition with the theme/topic: Youth Building Peace through online process in the month of August.

Social Media- Video Messages

4th August- 12th August 2017, Youths are present of the nation that builds future of the nation, realizing this various pioneers of our nation's youth's voices, messages were recorded and shared in the social media. Their constructive ideas, the effort of youths throughout many years, the youths struggle, and wishes of IYD were shared in the video. These pioneers were representative of different youth leading organizations. Through these videos the unity of youths was displayed and though we youths are involved in various organizations with different values, our vision was the same. Through these video messages shared in the social media YUWA was able to reach 68168 Facebook users, 20,054 views and 43 shares. The hashtags used in this campaign were:

#Youth #Youth4peace #YouthDay #Acton2250 #IYD #Aug12 #YUWA#SocialMediaCampaign

In total 11 pioneers of youth sector representing 11 different organizations videos were shared in this campaign and they were:

- 1. Mr. SanjogThakuri, President, YUWALAYA
- 2. Mr. KanchanKharel, Lecturer, Youth and Social Change, Schools of Arts Kathmandu University
- 3. Mr. SaugatGautam, District Rotaract Representative Elect, Rotaract Nepal
- 4. Ms. Sandhya Joshi. Top 9 contestant, Nepal Idol 2017
- 5. Mr. Pradeep Khatiwada, Youth Activist
- 6. Mr. HimalMahat, President, Association of Youth Organization Nepal
- 7. Ms. FaijaParween, Women Entrepreneur
- 8. Mr. Chewan Rai, Co-founder, Youth Thinkers Society
- 9. Mr. PukarMalla, President, Daayiotwa
- 10. Mr. Anuj Rai, Member, Blue Diamond Society
- 11. Mr. MadhavDhungel, Executive Vice-President, National Youth Council

Networking and Relation Building

YUWA was very active in the area of networking and relationship building throughout the year. This resulted in a number of productive relationships and projects. The networking and relationship building opportunities that occurred were with the following organizations and groups:

ARROW	South Asian Association for Regional Cooperation (SAARC)
Edushala Pvt. Ltd.	Sherpa for change
Glocal Teen Hero	The Government of Nepal
United Nation Development Program (UNDP)	United Nations Population Fund (UNFPA)
LOOM Nepal	National Election Observation Committee (NEOC)
UK Aid	USAID
Urban Youths for Rural Children (UYRC)	IOM
Integrity Idol	Voluntary Service Overseas (VSO)
Ministry of Youths and Sport(MOYS)	We Inspire Nepal (WIN)
Daayitwa	Y-Peer
National Youth Council	YUWALAYA
Dance for life	Search for Common Ground(SFCG)
Hivos	Youth Initiative
Latin American and Caribbean Women's Health Network (LACWHN)	Population Service International (PSI)
AYON (Association of Youths of Nepal	CHOICE
Institution for Suitable Actions for Prosperity (ISAP)	IPPFAR
Oxfam	YSP
Plan International	Women's Rehabilitation Centre (WOREC)
Asia Youth Forum	Micro Enterprise Development Program (MEDP)
Australian Council for International Development	Youth Advocacy Nepal
Chetana Forum	Youth Alliance Nepal
Australian Department of Foreign Affairs	Global Peace Foundation Nepal
Youth Action Nepal	Blue Diamond Society (BDS)
We for Change	Federation of Sexual and Gender Minorities Nepa (FSGMN
KYA (Cambodia)	Marie Stopes International
SISO Nepal	Blind Youth Association Nepal (BYAN)

YUWA Annual Progress Report

August 2017 – August 2018	
Dutch Minister of Foreign Affairs.	NFPPD
Female Youth Nepal	Association of District Development Committee Nepal (ADDCN)
Youth Coalition	Junior Chamber International (JCI)
Asia Pacific Alliance for Sexual and Reproductive Health and Rights.	Transparency International Nepal
WEDU	Classic FM Radio
Accountability Lab	Makura Creation

Miscellaneous activities:

- August 23rd 2016. Kathmandu: YUWA participated in meeting organized by National Youth Council to review program which was led by National Youth Council. Feedback was received to improve programs in coming days. Vice president of National Youth Council Mr. Madhav Dhungel welcomed and oriented various organizations on activities of Youth council 2073/74.
- 26th August, 2016, YUWA: Mr. Hari Bastola from CECI and the Vice President of YUWA and former Vice President of YUWA, Mr. Bisam Gyawali and Mr. Sachet Gurung had a meeting regarding the implementing part of Child Protection Policy of YUWA. In the meeting, it was discussed that it should be made mandatory for all the members, volunteers, interns and staffs of YUWA to know about the existence of the policy and they should be given a training/orientation program regarding it.
- 27th August, 2016, YUWA: The United States Embassy Youth Council 2016 organizers from Daaiyitwa
 and YUWA team had meet up at YUWA regarding the conference to be held for 2016 USYC members.
 The organizing committee of the previous UYSCs shared their experiences of the project along with
 the necessary things to be done while the orientation conference. Basic focus was given to logistics,
 communications and overall management of the orientation program/conference in the meeting.
- 28th August- 31st August, 2016, Kathmandu: YUWA partnered with Art Lab and International Organization for migration (IOM) for the mural art event at the Keshar Library Wall, Lainchaur regarding the disaster preparedness, specifically making people aware of the existence of Open spaces during the time of Earthquake.